

# Handout

Cowell College

The Pursuit of Truth in the Company of Friends

## March 2015

Cowell College Programs, Rm. 133, (831)459-2255  
also online at [cowell.ucsc.edu](http://cowell.ucsc.edu)



## Become a Cowell WELCOME LEADER!

Application Deadline: Friday, April 3 at noon  
To the Cowell Program Office, Room 133

Cowell Welcome Leaders (WLs) make up an amazing team of volunteers who help students when they arrive to campus in the fall. Later this month, job descriptions and applications will be posted around Cowell and on the web ([cowell.ucsc.edu/activities](http://cowell.ucsc.edu/activities)). The applications are due on Friday, April 3 at 12 noon. Please mark your calendar now if you know you will be applying.

## FIESTA MEXICANA COLLEGE NIGHT

Thursday, March 12  
6-7:30 pm  
Cowell Dining Hall



Mexico lindo y querido! Celebrate with us the beautiful Mexican culture. Una cultura llena de alegría y vibrance. Many Cowell students identify with the Mexican culture. This is a fantastic way to experience it in a party setting! In this fiesta, we will have Mariachi Muratalla, Los Mejicas, and Sabrosura, performing traditional and modern dances and songs of Mexico.

Menu: vegetarian beans, vegetarian Mexican rice, vegetarian tamales (cheese), chicken mole, arrachera (beef), Huachinango a la Veracruzana (red snapper), vegetarian pozole, elotes (corn on the cob) with queso cotija, chips & fresh guacamole, mango con chile, flan, pastel de tres leches, horichata, and Jarritos.

**College Night Ticket Info:** Cowell students with a meal plan: swipe your card at the door. Off-campus students without a meal plan: pay \$2 in advance at the Programs Office room 133. Faculty & staff contact Provost Assistant: [cwprvstasst@ucsc.edu](mailto:cwprvstasst@ucsc.edu), 459-2251. Arrive on time.

| SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY  |
|--|---|---|--|--|---|---|
| <i>Deadline: Apply for Health Insurance Waiver</i> <b>01</b>                                     | <b>02</b><br>12-1p: Disciplined: Principles into Practice, Page Smith Library | <b>03</b><br>4-5p: Meditation, FSL<br>9:30-10:30p: Hula Hoop Club, CDH  | <b>04</b>  | <b>05</b><br>8-9:30p: Cowell Senate Meeting, Conf. Rm. 132<br>8:30-9:30p: Balloon Art Brigade, FSL                                     | <b>06</b><br>4-6p: Scavenger Hunt, Conf. Rm, 132<br>5-6p: Meditation, FSL<br>9-10p: SAD Improv, FSL | <b>07</b><br><u>Location Key</u><br>FSL: Mary Holmes Fireside Lounge<br>CDH: Cowell Dining Hall<br>SEC: Stevenson Event Center<br>CCY: Cowell Courtyard |
| <b>08</b><br>1-3p: Bras & Trivia, FSL  | <b>09</b>   | <b>10</b><br>12-3:30p: Inequality Bake Sale, CCY<br>4-5p: Meditation, FSL<br>9:30-10:30p: Hula Hoop Club, CDH | <b>11</b><br>7-9p: Women on Top, Conf. Rm. 132<br>8-10:30p: Poetry Slam, FSL | <b>12</b><br>6-7:30p: Fiesta Mexicana CN, CDH<br>8-9:30p: Cowell Senate Meeting, Conf. Rm. 132<br>8:30-9:30p: Balloon Art Brigade, FSL | <b>13</b><br>5-6p: Meditation, FSL<br>6p-12a: Study Zone, SEC                                       | <b>14</b><br>12p-12a: Study Zone, SEC<br>7-9p: UCSC A Cappella Collab Showcase, Media Theatre M110  |
| ... 24-hour silent hours   | ... 24-hour silent hours  | ... 24-hour silent hours  | ... 24-hour silent hours   | ... 24-hour silent hours   | ... 24-hour silent hours  | ... 24-hour silent ...  |
| <b>15</b><br>12p-12a: Study Zone, SEC<br>24-hour silent hours                                    | <i>Instruction Ends</i> <b>16</b><br>6p-12a: Study Zone, SEC                  | <i>Finals Begin</i> <b>17</b><br>6p-12a: Study Zone, SEC  | <b>18</b><br>6p-12a: Study Zone, SEC   | <b>19</b>  | <i>Finals End</i> <b>20</b>   | <b>21</b>   |
| ... 24-hour silent hours   | ... 24-hour silent hours  | ... 24-hour silent hours  | ... 24-hour silent hours   | ... 24-hour silent hours   | ... 24-hour silent hours  | ... 24-hour silent hours  |
| <b>22</b><br><b>29</b>   | <b>23</b><br><b>30</b><br><i>Instruction Begins</i>                           | <b>24</b><br><b>31</b><br><i>César Chávez Day</i>   | <b>25</b>  | <b>26</b>  | <b>27</b>   | <b>28</b>   |
| ... No School ... Spring Break ... No School ... Spring Break ... No School ... Spring Break ... |   |   |  |  |   |   |

# Women's Equality & Empowerment Week

## Bras & Trivia?!

Sunday, March 8; 1-3 pm; Mary Holmes Fireside Lounge  
For more info: [jadehoyo@ucsc.edu](mailto:jadehoyo@ucsc.edu)

Dazzle up your bra to promote positive body images and use your women's history knowledge at trivia to win prizes! Plus, bring any unwanted garments to donate to a local homeless shelter.



## Inequality Bake Sale

Tuesday, March 10; 12-3:30 pm; Cowell Courtyard  
For more info: [jadehoyo@ucsc.edu](mailto:jadehoyo@ucsc.edu)

Do you like donuts, cupcakes, and cookies? Do you hate the earning wage inequality between women and men? Stop by to learn more about gender income inequality and eat some delicious sweets in the process! Prices from \$.75-\$2.50.

## Women on Top: Miss Representation Film & Talk by Provost Crosby

Wednesday, March 11; 7-9 pm; Cowell Conference Room 132  
For more info: [jadehoyo@ucsc.edu](mailto:jadehoyo@ucsc.edu)

Come out to watch *Miss Representation*, a movie that demonstrates the sexism that women face in our society. Afterwards, Faye Crosby will lead a discussion. There will be pizza!

# Study Zone

March 13: 6pm-12am • March 14-15: 12pm-12am  
March 16-18: 6pm-12am  
Stevenson Event Center

For more info: [jgadena@ucsc.edu](mailto:jgadena@ucsc.edu)

Can't study in your room or find space at any of the libraries? Well, come to Study Zone where you can study, get free snacks, free study materials and test materials. And did we mention that there is free all you can drink coffee so BYOM (bring your own mug). For Sat & Sun, coffee will be served starting at 5pm.



## Important Academic & Housing Deadlines

| Date | Event  |
|------|--|
| 3/20 | Deadline for Removal of Imcomplete                   |
| 3/20 | Deadline to request Leave of Absence for Spring 2014 |
| 3/24 | Grades Due   |
| 3/25 | Financial Aid disbursed to student account           |

## Student Project Funds

Deadline: Wednesday, April 17 at 5pm to Cowell 116  
For more info: [cwprvsta@ucsc.edu](mailto:cwprvsta@ucsc.edu)

Got a cool project idea but don't have the money? Apply for the Cowell Student Project Funds!

## Volunteer Love

Event Crew Alexandra, Cecilia, Emily, Hannah, Jasmine, and Lisa staffed College Night, while Photographers Jessie, Christine, Alice, and Geraldine snapped pics at Cupcake Wars, Family Day, College Night, Open Mic, Game Night, and Mushrooms 101! Thank you all! To join in the fun -- one-time sign up for alerts at [ucsc.edu/activities/volunteer](http://ucsc.edu/activities/volunteer).

## DVD Library

Mon. 10:30-11:30am • Tues. 1-2pm • Wed. 2:30-3:30pm • Thurs. 3-4pm  
Fri. 1-2pm, 3:30-4:30pm; Cowell Room 135  
For more info: [CowellDVD@gmail.com](mailto:CowellDVD@gmail.com)

Come by Cowell College's DVD Library to access a plethora of movies (of every genre) completely free for Cowell students!

## NEW Time & Location!! Balloon Art Brigade

Thursdays; 8:30-9:30 pm; Mary Holmes Fireside Lounge  
For more info: [slugballoons@gmail.com](mailto:slugballoons@gmail.com)

Come learn the simple art that creates smiles, beginners of any level are welcomed.



## Meditation Class for All, LAST CLASS 5/13

Tuesdays, 4-5 pm and Fridays, 5-6 pm; Cowell Fireside Lounge  
For more info: [telesser@ucsc.edu](mailto:telesser@ucsc.edu)

Learn meditation techniques to calm your mind and find peace.

## Turning Principles into Practice: Disciplined

Monday, March 2, 12-1 pm; Page Smith Library  
For more info: [Jennifer.jgallach@ucsc.edu](mailto:Jennifer.jgallach@ucsc.edu)

Please join us for an interactive workshop in which we explore the principle of DISCIPLINED: advancing common goals through reasonable and realistic practices, procedures, and expectations. All welcome, refreshments provided.

## Cowell Turns 50! Scavenger Hunt & Party

Friday, March 6; 4-6 pm; Meet at Mary Holmes Fireside Lounge  
For more info: [Tori.vvotino@ucsc.edu](mailto:Tori.vvotino@ucsc.edu)

Do you know who painted all the beautiful artwork around Cowell or what famous comedian lived at Cowell? Come find out the answers to these questions and learn all about how Cowell came to be the way it is today! There will be awesome prizes and a party at the Provost's House around 5pm.

## SAD Improv

Friday, March 6; 9-10 pm; Mary Holmes Fireside Lounge  
For more info: [mdpaul@ucsc.edu](mailto:mdpaul@ucsc.edu)

No scripts, no rules! Enjoy a free comedy show by one of UCSC's premiere improv teams! We make you laugh, we make you cry, and someone will probably die.

## Kinetic Poetics Project Poetry Slam

Wednesday, March 11; 8-10:30 pm; Mary Holmes Fireside Lounge  
For more info: [kineticpoeticsemail@gmail.com](mailto:kineticpoeticsemail@gmail.com)

Come join us for a poetry open mic! Perform your work or lend an ear to your community members. Sign ups start at 7:45pm.

## Cowell Spring Quarter Courses

For more info: [cwprvsta@ucsc.edu](mailto:cwprvsta@ucsc.edu)

**COWL 65:** Mary Holmes: Meaning, Paradox and Love  
Come take an in-depth look into the teachings of one of Cowell's founding faculty members with Cowell Alumnus and Balloon Artist Addi Somekh. T/T, 12-1:45pm.

**Cowell 126:** The Trajectory of Justice in America  
Analyze the concept of Justice throughout some important constitutional law cases with Author and Public Defense Attorney, Daniel Sheehan. T/T, 4-5:45pm

**COWL 138A:** The Place of Higher Education in a Democratic Society  
Explore the value of higher education to the larger democratic society in this class taught by Cowell Provost Faye Crosby. T, 6-9pm.

Around Campus...

## UCSC A Cappella Collab Showcase

Saturday, March 14, 7-9 pm; Media Theater M110  
For more info: [info@acquiremusic.org](mailto:info@acquiremusic.org)



A premier a cappella extravaganza featuring all a cappella groups at UCSC, including Cowell's own Acquire. It's like Pitch Perfect but in real life!

# Commencement Countdown!

15 Weeks Left

## [cowell.ucsc.edu/commencement](http://cowell.ucsc.edu/commencement)

If you're a Cowell student who plans to graduate between now and winter quarter 2016, then you're eligible to be in Cowell's Commencement on Saturday 6/13/15. Read the comprehensive "Info for Cowell Grads" page today! NOW is the time to register to be in the ceremony, nominate student speakers, or get involved in event planning.

- register to be in the ceremony (see step 1)
- help plan commencement (see step 2)
- nominate a student speaker (see step 3)

Cowell Commencement: **Sat., June 13, 1:30pm, East Field**

Are you a Cowell student that wishes to walk in another College's ceremony instead? Work directly with the Programs Office of that college to learn how to petition to walk with them. Ceremony times are listed at [commencement.ucsc.edu](http://commencement.ucsc.edu).