

# Handout

Cowell College  
The Pursuit of Truth in the Company of Friends

## November 2014

Cowell College Programs, Cowell Room 133  
(831)459-2255 • Handout online at [cowell.ucsc.edu/activities](http://cowell.ucsc.edu/activities)



Scan this QR code for a digital copy of the Handout!

# Cowell Schwag!



Want one of those fly Cowell water bottles, blankets or hand towels from Welcome Week? Not to worry, we have extras. Just bring cash or check to the Cowell Programs Office, room 133 to purchase any of the following items:

Lanyards \$2  
Water Bottles \$6

Insulated Mugs \$5  
Hand Towels \$7  
Fleece Blankets \$11

Drawstring Bags \$5  
Umbrellas \$8

## SATURDAY

*Begin Meal Plan Change Period* **1**  
  
5-11p: El Centro Presents Día De Los Muertos, 9 & 10 Multi-Purpose Room

### COLLEGE NIGHT:

# Merchant of Venice

Thursday, Nov. 20  
6-7:30 pm  
Cowell Dining Hall



*Shakespeare at the Edges*, comprised of Cowell students and Core faculty, presents a fast-paced, condensed portion of *The Merchant of Venice*. You'll witness a story of love, friendship, vengeance, justice, and a "pound of flesh".

Be sure to arrive on time for College Night. Doors open at 5:45, the meal begins at 6:00 and the show starts at 6:45. Plan to stay for the entire event, out of respect for the performers and other attendees.

Our special Shakespearian menu includes: roast pork, veggie shepards pie, peas, carrots, caesar salad, yorkshire pudding, stew, fruit tarts, and more to come!



**Admission Info:** Cowell students with a mealplan: no ticket required, swipe your mealcard at the door. Off-campus students without a meal plan: pay \$2 for your ticket in advance at the Programs Office, Room 133. Faculty and staff contact Provost Assistant: [cwprvstasst@ucsc.edu](mailto:cwprvstasst@ucsc.edu), 459-2251. Arrive early.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Daylight Savings Time ends <b>2</b>	<b>3</b> 5-6p: Meditation, FSL 7-9p: Core Plenary, Classroom Unit 2	Election Day <b>4</b> 9-10a: Cowell SUA Representative Office Hours, Room 135 12-2p: Dine-In Advising, CDH	Dining Hall closes at 2pm for Stevenson College Night <b>5</b> 11a-2p: SVC Volunteer Fair, Quarry Plaza 5-6p: Hula Hoop Club, FG 7-8p: Cowell SUA Representative Office Hours, Room 135 8-9p: Balloon Art Brigade, SCR 8:30-10p: Open Mic, FSL	<b>6</b> 8p: Senate Meeting, Conference Room 132	<b>7</b> 11a-1p: Condom Co-op, Cowell Courtyard 5-6p: Meditation, FSL 9-11p: Movies by the Fireside: Forrest Gump, FSL	<b>8</b>
<b>9</b>	End Meal Plan Change Period <b>10</b> 5-6p: Meditation, FSL 7-9p: Core Plenary, Classroom Unit 2	Veterans Day - No Classes <b>11</b> 9-10a: Cowell SUA Representative Office Hours, Room 135 6:30-8p: Wynn Bullock Exhibition, Eloise Pickard Smith Gallery	<b>12</b> 12-2p: Dine-In Advising, CDH 5-6p: Hula Hoop Club, FG 7-8p: Cowell SUA Representative Office Hours, Room 135 8-9p: Balloon Art Brigade, SCR 8-10:30p: Poetry Slam, FSL	<b>13</b> 8p: Senate Meeting, Conference Room 132	<b>14</b> 11a-1p: Condom Co-op, Cowell Courtyard 5-6p: Meditation, FSL 9-10:30p: Yoga for the Mind & Body, FSL	<b>15</b>
<b>16</b>	<b>17</b> 5-6p: Meditation, FSL 7-9p: Core Plenary, Classroom Unit 2	<b>18</b> 9-10a: Cowell SUA Representative Office Hours, Room 135	<b>19</b> 5-6p: Hula Hoop Club, FG 7-8p: Cowell SUA Representative Office Hours, Room 135 8-9p: Balloon Art Brigade, SCR 8-10:30p: Poetry Slam, FSL	Great American Smokeout <b>20</b> 6-7:30p: College Night: Merchant of Venice, CDH 8p: Senate Meeting, Conference Room 132 9-10:30p: Music Showcase, FSL	<b>21</b> 11a-1p: Condom Co-op, Cowell Courtyard 5-6p: Meditation, FSL 9-11p: (Planned) Procrastination, Cowell Provost House	<b>22</b>
<b>23</b>	<b>24</b> 5-6p: Meditation, FSL 7-9p: Core Plenary, Classroom Unit 2	<b>25</b> 9-10a: Cowell SUA Representative Office Hours, Room 135	<b>26</b> 5-6p: Hula Hoop Club, FG 7-8p: Cowell SUA Representative Office Hours, Room 135 8-9p: Balloon Art Brigade, SCR	Thanksgiving Break No Classes <b>27</b> 2-3p: Campuswide Harvest Dinner, DH	Thanksgiving Break No Classes <b>28</b>	<b>29</b> Location Key FSL = Fireside Lounge CDH = Cowell Dining Hall FG = Founders' Glen SCR = Senior Commons, Room 225
<b>30</b>	5-6p: Meditation, FSL 7-9p: Core Plenary, Classroom Unit 2					

## Cowell Coffee Shop Hours

Mon - Thurs: 7:45 am - 11:30 pm • Fri: 7:45 am - 4 pm  
Sat & Sun: Closed

Located up the hall from the Cowell Dining Hall

For more info: <http://housing.ucsc.edu/dining/cowell-coffee-shop.html>

Stop by for the best coffee on campus! Need to stay awake through 8 am classes and late night study sessions? Then choose your local coffee shop! Serving coffee, sandwiches, muffins, bagels, and more! Now offering special pumpkin cheesecake muffins.



## DVD Library Hours

Mon. 11:30a-2p • Tues. 12-2p • Wed. 2-3p • Thurs. 1-3p  
Fri. 9-10a, 1-3p, & 5-6p

Location: Room 135

For more info: [cowelldvd@gmail.com](mailto:cowelldvd@gmail.com)

Come by Cowell College's DVD Library to access a plethora of movies (of every genre) completely free of charge.

## Weekend Events

### Movies by the Fireside: Forrest Gump

Friday, Nov. 7; 9-11 pm, Mary Holmes Fireside Lounge

For more info: [halewill@ucsc.edu](mailto:halewill@ucsc.edu)

Come in from the cold and the midterms and relax in the warmth of the Fireside Lounge for a screening of the classic film Forrest Gump. But don't turn your brains off completely, because we'll finish the event with a casual discussion of the social issues raised in the film. Snacks provided!



### Yoga for the Mind and Body

Friday, Nov. 14; 9-10:30 pm; Mary Holmes Fireside Lounge

For more info: [Abha, absharma@ucsc.edu](mailto:Abha.absharma@ucsc.edu) or [Kaili, kealexan@ucsc.edu](mailto:Kaili.kealexan@ucsc.edu)

Come enjoy an evening of relaxing yoga and information about how to make healthy lifestyle choices. Decompress from midterms in a yoga class lead by an amazing yoga instructor and afterwards share yummy snacks. Mats and props will be provided so bring a friend, enjoy the relaxing atmosphere, and a refreshing evening of yoga.



### (Planned) Procrastination

Friday, Nov. 21; 9-11 pm; Cowell Provost House

For more info: [brennan@ucsc.edu](mailto:brennan@ucsc.edu)

Struggling to manage time? Learn some study tips from your academic advisor Ethan. Then relax with some Wii U, Xbox One, board games, and snacks!



## Important Academic Deadlines

Date	Event
11/12	Last day to Withdraw from a Class, Last day to Withdraw from the University, Last day to Credit by Petition, Last day to Add by Petition
11/13	Priority Enrollment Begins
11/21	E-bill available on SallieMae
11/26	Deadline to Petition to Change College

## Monthly Green Tip: Water Wise

If each resident saved 1 gallon of water a day, weekly campus use could be reduced by 60,000 gallons! Shortening showers by 5 mins can save more than 12 gallons of water.

## Cowell's AMAZING Welcome Team!

A GIGANTIC "thank you" goes out to our wonderful Welcome Team, a team that worked to make Move-In Smooth and Welcome Week Wonderful. Twenty-seven dedicated volunteers cut their summer short, arrived early, and worked long days/nights -- all so that Cowell students could start the year off well. Thank you to this group amazing student leaders!



## Volunteer Love!

Thanks to our Cowell Events Crew and Photographers who signed up to help at October events including Olympics, College Night, Halloween and more! Who helped? Alice, Anthony, Colleen, Jessie, Jenny, Josue, Imari, Karina, Lalla, Rilee, Sophia, Teale, Victoriya, and Yoletci! How about you? Sign up with Eden, our Volunteer Coordinator, here: [cowell.ucsc.edu/activities/volunteer](http://cowell.ucsc.edu/activities/volunteer).

## Now Hiring: Art Curator of the Dizikes Cases

Apply online: ASAP! <http://careers.ucsc.edu>, job # 278

Have an interest in the visual arts and a desire to use your organizational skills to support the Cowell community? Learn about the position of Dizikes Art Cases Curator: we're hiring now! The cases are outside the Fireside Lounge and feature student art and Cowell history exhibits. See Career Center website above to read the job description and learn how to apply: click "Student Employment" then "ER Request" to search by job 278. Work-study and non work-study applicants welcome.

## Meditation Class for All

LAST MEETING: 12/1 held in Senior Commons Room 225

Mondays & Fridays, 5-6 pm; Mary Holmes Fireside Lounge

For more info: [telessar@ucsc.edu](mailto:telessar@ucsc.edu)

Are you feeling stressed, emotional, or just off? Do you want to find a way to connect with yourself and feel calm, peaceful, and centered? Come learn to meditate, we have two classes a week, open to all. No experience necessary, those who already have a meditation practice are welcome too.

## Balloon Art Brigade

Wednesdays, 8-9 pm; Senior Commons, Room 225

For more info: [slugballoons@gmail.com](mailto:slugballoons@gmail.com)

Come learn about the art of balloon twisting that creates smiles regardless of age!



## SUA Representative's Office Hours

Tuesdays, 9-10 am & Wednesdays, 7-8 pm; Room 135

SUA stands for Student Union Assembly and is the official student government of UCSC. Our Cowell representatives are here to talk to you about concerns you may have about fees, the university, and more!

## Condom Co-Op

Fridays, 11 am-1 pm; Cowell Courtyard

For more info: [healthcenter.ucsc.edu/shop/](http://healthcenter.ucsc.edu/shop/)

Best prices in town! 8 condoms for \$1! Buy other safe sex supplies and learn about SHOP's great resources.



## Dine-in Advising

Tuesday, Nov. 4 & Wednesday, Nov. 12; 12-2 pm; Cowell/Stevson Dining Hall

Learn some tricks and treat yourself before priority enrollment at Dine-in Advising. Talk to advisers about your courses for Winter 2015.

## Open Mic Night

Wednesday, Nov. 5; 8:30-10 pm; Mary Holmes Fireside Lounge

For more info: [jvanover@ucsc.edu](mailto:jvanover@ucsc.edu)

Are you a comedian? A slam poet? Do you own a guitar? Then come to the Cowell Fireside and share your talent with us! Sign-ups start at 8:15pm!

## Advising Week

Thursday, Nov. 6 - Wednesday, Nov. 12

For more info: (831) 459-2253 or [cowell@ucsc.edu](mailto:cowell@ucsc.edu)

Prepare for Winter '15 enrollment and meet with an advisor.

## Wynn Bullock: Visual Philosopher Color Light

Abstractions: 1959 -1965

Tuesday, November 11, 6:30-8pm, Eloise Pickard Smith Gallery

Contact: [Joan Blackmer, Curator, blackmer@ucsc.edu](mailto:Joan.Blackmer), (831) 459-2953

Gallery talk with Barbara Bullock-Wilson, Lynne Harrington - Bullock, and Norman Locks, Professor of Photography, UCSC.

## Kinetic Poetics Project Poetry Slams

Wednesdays, Nov. 12 & 19; 8-10:30 pm; Mary Holmes Fireside Lounge

For more info: [kineticpoeticsemail@gmail.com](mailto:kineticpoeticsemail@gmail.com)

Lend an ear or touch the stage and experience spoken word performance poetry. Meet awesome, creative folks, and come get involved in the community. Sign up to speak at 7:30 pm.

## Music Showcase: We all Sound Human

Thursday, Nov. 20; 9-10:30 pm; Mary Holmes Fireside Lounge

For more info: [Katie, kasweene@ucsc.edu](mailto:Katie.kasweene@ucsc.edu), (650) 218-1428

Do you play instruments or sing? Like attending open mics? Come show off your musical talents. This will be like an open mic, but just music. Signups begin at 8:30 pm, or contact Katie in advance.

## Great American Smoke Out: Thursday, Nov. 20

Pledge to not smoke for 24 hours and be on your way to a healthier you as well as upholding the smoke free & tobacco free campus policy.

## Campuswide Harvest Dinner

Thursday, Nov. 27; 2-3 pm; Cowell Dining Hall

Staying on campus over Thanksgiving Break? Join the campus community to enjoy a traditional Thanksgiving meal, complete with turkey (vegan option available), ham, stuffing, mashed potatoes, pumpkin pie, and more! Doors open at 1:30 pm. Meal plans can be used but cannot be used to swipe in others. Those not on a meal plan will be charged \$11.95.



Around Campus...

## El Centro Presents Día De Los Muertos

Saturday, November 1, 5-11 pm, College 9/10 Multi-Purpose Room

For more information: [elcentro@ucsc.edu](mailto:elcentro@ucsc.edu)

Día De Los Muertos is a celebration remembering the relationship between life and death. Come celebrate with the El Centro community at this free event and enjoy the pan dulce, tamales, and hot chocolate!

## The Volunteer Fair, Presented by the Student Volunteer Center

Wednesday, November 5, 11 am-2 pm, Quarry Plaza

For more information: [volunteer@ucsc.edu](mailto:volunteer@ucsc.edu)

Looking for a volunteer job or an internship? Come mingle with over 40 organizations wanting your help in a wide range of interests.

## Important Housing Info

### Meal Plan Change Period: November 1 - 10

This is your opportunity to decrease your meal plan, effective winter quarter. Submit changes online at [www.studenthousing.ucsc.edu](http://www.studenthousing.ucsc.edu). Students may increase their meal plan at any time within a quarter.

### Apartment Cleaning Inspection Week

Wednesday, Nov. 12 - Friday, Nov. 21 (Monday-Friday)

Apartment cleaning inspections will be conducted 10am and 5pm. More information and day/time for your apartment's inspection will be sent via email. Please clean the common areas of your apartment and be ready by that week! Common areas include the kitchen, bathrooms, hallways, stairways and living and dining areas. Individual rooms will not be inspected. Please prepare by coordinating with your housemates and delegating cleaning tasks. Questions or concerns? Please contact your RA, CRE or the Residential Life Office staff.

### Thanksgiving Break: November 27 - 30

The Dining Halls will NOT be open during the Thanksgiving Break. If you are staying on campus, plan ahead for food! No permission is necessary to stay over Thanksgiving break. The last dining hall meal served is lunch on Wednesday the 26th; the first meal served is dinner on Sunday the 30th.

### Winter Break & Campus Closure:

Friday, Dec. 19 at noon - Saturday, Jan. 3 at 10am

Plan your holiday now! The campus residence halls and apartments, will be closed for the Winter Break. You may apply for an extension to stay through the weekend after finals, December 20-21.

### Leaving After Fall Quarter?

Are you graduating, studying abroad, taking a leave of absence, etc.? Please come in now to the Residential Life and Housing Office to complete your housing contract cancellation request form.

Questions? Call Residential Life Office at (831) 459-2173.