

Cowell College Handout

The Pursuit of Truth in the Company of Friends

March 2014

Cowell College Programs, Rm. 133, (831)459-2255
also online at cowell.ucsc.edu

Fall 2014 Housing Info Session for Cowell/Stevenson Wednesday, March 12; 7 pm; Stevenson Event Center

An explanation of the housing selection process, including priority points and groups; details on the available spaces in the residence halls and apartments; plus information about how the apartment selection will work for the Stevenson Apartments with the Cowell Apartments closing for the 2014-15 school year.



Become a Cowell WELCOME LEADER!

**Application Deadline: Friday, April 4 at noon
To the Cowell Program Office, Room 133**

Cowell Welcome Leaders (WLs) make up an amazing team of volunteers who help students when they arrive to campus in the fall. Later this month, job descriptions and applications will be posted around Cowell and on the web (cowell.ucsc.edu/ activities). The applications are due on Friday, April 4 at 12 noon. Please mark your calendar now if you know you will be applying.

Location Key
ACR: Apartment
Community Room
FSL: Cowell Fireside
Lounge
CDH: Cowell Dining Hall
SEC: Stevenson Event
Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
02 12-2p: Sock Monkey Making Sunday, FSL 5:30-8p: Oscars Viewing Party, ACR 6-7p: Balloon Art Brigade, ACR	03 1:30-3:15p: Express Grad Checks, Cowell Conference Room 132 5-6p: Meditation, FSL	04 7-8:30p: Yoga Class, ACR 9:30-10:30p: Hula Hoop Club, CDH	05 8p: Kinetic Poetics Project Poetry Slam, FSL 8-10p: Tea Time, ACR	06 7:30-9p: Cowell Senate Meeting, Conf. Rm. 132	07 5-6p: Meditation, FSL	01 <i>Deadline: Apply for Health Insurance Waiver</i> 08
09 6-7p: Balloon Art Brigade, ACR ... 24-hour silent hours ...	10 5-6p: Meditation, FSL 8:30-10p: Open Mic, FSL ... 24-hour silent hours ...	11 7-8:30p: Yoga Class, ACR 9:30-10:30p: Hula Hoop Club, CDH ... 24-hour silent hours ...	12 7p: Fall 2014 Housing Info Session, SEC 8-10p: Tea Time, ACR ... 24-hour silent hours ...	13 7:30-9p: Cowell Senate Meeting, Conf. Rm. 132 ... 24-hour silent hours ...	14 5-6p: Meditation, FSL ... 24-hour silent hours ...	15 ... 24-hour silent ...
16 8-9p: Milkshakes, ACR 24-hour silent hours ...	17 <i>Instruction Ends</i> ... 24-hour silent hours ...	18 <i>Finals Begin</i> ... 24-hour silent hours ...	19 ... 24-hour silent hours ...	20 ... 24-hour silent hours ...	21 <i>Finals End</i> ... 24-hour silent hours ...	22 ... 24-hour silent hours ...
23 30	24 31 <i>César Chávez Day Instruction Begins</i>	25 ... No School ...	26 ... Spring Break ...	27 ... No School ...	28 ... Spring Break ...	29 ... Spring Quarter Begins March 31 ...

T-Shirt Design Contest!

Submission Deadline: Monday, April 7; 5 pm
Electronic submissions to cowellprograms@gmail.com

Are you artistic? Want to see your work all over bodies at Cowell? Submit your design for the next Cowell T-shirt! Submit via email (address above) in .jpeg .pdf, or .tiff formats. It's ok to scan original art mediums and send electronically. Prizes for 1st, 2nd, and 3rd place selected submissions; \$100, \$50 & \$25 Baytree Bookstore gift certificates. Notes: please do not include any dates in your design.



Important Academic & Housing Deadlines

Date	Event
3/1	Deadline to apply for Student Health Insurance Waiver
3/20	Undergrad Registration Fee due
3/20	Housing and Dining Fees due
3/21	Deadline for Removal of Imcomplete
3/21	Deadline to request Leave of Absence for Spring 2014
3/25	Grades Due
3/27	Financial Aid disbursed to student account
3/31	Deadline to withdraw from University for Spring 2014

Leaving Spring Quarter? Turn in mail keys now!

Website: cowell.ucsc.edu/residential-life/mailroom/closing.html

Are you moving off campus at the end of Winter Quarter? Please return your key and activate your forwarding address by going to the above website.

Cowell Music Fest

For more info: Alexis, akageyam@ucsc.edu

Do you play music? Are you in a band? We are looking for performers for a music and arts festival at Cowell this spring! If you are interested in participating, please contact Alexis.



Cowell's Balloon Art Brigade

Sundays; 6-7 pm; Apartment Community Room

For more info: slugballoons@gmail.com

Want to learn a new skill, meet new friends, or learn about volunteer opportunities? Come by the Balloon Art Brigade.



Meditation Class for All

Mondays and Fridays; 5-6 pm; Cowell Fireside Lounge

For more info: telessar@ucsc.edu

Come learn to meditate, let go of everything you have to do and just relax. You will learn some simple techniques that will chill you out beyond belief. Anyone is welcome, from an experienced meditator to someone who's never tried it before. All will benefit.

Yoga Class

Tuesdays; 7-8:30 pm; Apartment Community Room

For more info: Nicolette, nirjohns@ucsc.edu

Relax and rejuvenate in Cowell's weekly yoga class. All levels are welcome, even if this will be your first ever yoga class! Space is limited, so arrive early. Loaner mats are available, but bring your own mat if you have one.

Cowell Hula Hoop Club

Tuesdays; 9:30-10:30 pm; Cowell Dining Hall

For more info: Melanie, mmplatt@ucsc.edu

Join the club to learn and share new hula hoop tricks with your friends! Your personal hula hoop loan included for the quarter when you sign up.

Cowell Tea Time

Wednesdays; 8-10 pm; Apartment Community Room

For more info: Paolina, pmfisher@ucsc.edu

Do you like to hang out and relax? Well then be sure to stop by for some fresh leafy brews with the bros! A wide array of tea flavors to help you unwind. You'll be with good company, no TEAsing!

Sock Monkey Making Sunday

Sunday, March 2; 12-2 pm; Cowell Fireside Lounge

For more info: Tabby, tgabraha@ucsc.edu



Need a cuddle buddy? Or someone to protect you from the monsters under your bed? Come make a Sock Monkey of your very own! You'll go bananas with all the fun you'll have, it'll knock your socks off! Supplies are limited so arrive early; feel free to bring your own socks!

Oscar Night

Sunday, March 2; 5:30-8 pm; Apartment Community Room

For more info: Chris, chgng@ucsc.edu

Planning on watching the Oscars? Come watch the crowning of the best movies the film industry has to offer!



Express Grad Checks

Monday, March 3; 1:30-3:15 pm; Cowell Conference Room 132

For more info: cowell@ucsc.edu, 831.459.2253

Turning your tassel ought not be a hassle! Come check that all of your graduation requirements have been met!

Kinetic Poetics Project Poetry Slam

Wednesday, March 5; 8 pm; Cowell Fireside Lounge

For more info: kineticpoeticsemail@gmail.com

Got some words on the tip of your tongue? Wanna meet creative people in a welcoming space? Come on out and experience spoken word poetry, this slam in collaboration with the Women's Center on campus! Sign ups start at 7:30pm.

Open Mic

Monday, March 10; 8:30-10 pm; Cowell Fireside Lounge

For more info: Jackson, jvanover@ucsc.edu

Are you a comedian? A slam poet? Do you own a guitar? Then come to the Cowell Fireside and share your talent with us! Sign ups start at 8:15pm!

My Milkshakes Bring all the Students to the ACR

Sunday, March 16; 8-9 pm; Apartment Community Room

For more info: Julissa, jespindo@ucsc.edu

Studies show that milkshakes make people happy! Come get a milkshake so that when you go back to studying you will be happy!

Cowell Spring Quarter Courses

In the spring term, we will be offering several courses, giving priority enrollment to Cowell students. Courses include:

COWL 70C: Advance Book Arts

COWL 86: College Leadership Development

COWL 89: Faculty Research Colloquium

COWL 110: Introduction to Mock Trial

COWL 136: La Francophonie

COWL 138A: The Place of Higher Education in a Democratic Society

COWL 168: Social Change

Save the Date! Cowell Olypmics, Saturday April 12

COME FIGHT FOR THE GLORY OF THE GAME! The competition will be as fierce as ever! Can you beat last year's winners: Prescott House. More details to come in April.

Commencement Countdown!

15 Weeks Left

cowell.ucsc.edu/commencement

If you're a Cowell student who plans to graduate between now and winter quarter 2015, then you're eligible to be in Cowell's Commencement on Saturday 6/14/14. Read the comprehensive "Info for Cowell Grads" page today! NOW is the time to register to be in the ceremony, nominate student speakers, or get involved in event planning.

- register to be in the ceremony (see step 1)
- help plan commencement (see step 2)
- nominate a student speaker (see step 3)

Cowell Commencement: **Sat., June 14, 1:30pm, East Field**