

October 2011

Cowell College Programs, Student Life Building Rm. 9
(831)459-2255 / Handout online at cowell.ucsc.edu



Scan this QR code for a digital copy of the Handout!

College Night: **Cowell Goes Medieval**

Thursday, October 20, 5:30-7 pm • Cowell Dining Hall

Hear ye, hear ye! Lords and ladies, knights and dames, squires and jesters alike. Bring thyself in to the first College Night of the year. What is a College Night, pray tell? A grand banquet in the Dining Hall with a special menu and program. Prithee, we ask that those attending arrive on time and stay for the duration. Come experience a look back to Medieval times with performances, activities and special gifts. Come explore the tastes, history and customs from this time of ere.



SATURDAY

3a-7p: RA on Duty Sat. & Sun.; call 831.212.4544 **01**
Deadline: Permission Numbers Required
New!- Dizikies Art Cases, Across from Fireside Lounge

Friday Night Programs

Karaoke and Cookies!

Friday, Oct. 7; 9pm; Apartment Community Room
For more info: Brett, btbell@ucsc.edu
Sing your heart out at karaoke night! Bring your friends and enjoy fresh Nite Owl Cookies.

Addi Somekh - Balloon Art

Friday, Oct. 14; 9-11pm; Apartment Community Room
For more info: Chelsea, cmanlapi@ucsc.edu
Come check out awesome balloon art made by one of our own Cowell Alumni! We'll share stories of Cowell's history over great food and fun.



Friendship Bracelet Making

Friday, Oct. 21; 8pm; Apartment Community Room
For more info: ewestby@ucsc.edu
Learn how to make friendship bracelets in both simple and complex patterns while listening to the music you choose. Beginners welcome; food and materials provided.

Cowell-oween

Friday, Oct. 28; 8pm; Apartment Community Room
Pumpkin carving supply pick-up: Wed, Oct. 26, 2-5pm; Apartment Community Room
For more info: Alex, atupper@ucsc.edu
Come out dressed in your Halloween best! We will be hosting a costume contest, and displaying some of Cowell's finest pumpkin art from the Pumpkin Carving Contest on Wednesday, October 26th. Interested in participating in the carving contest? Stop by the ACR between 2-5pm on Wednesday, October 26th to pick up your materials.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02	03 3:15p: Jog Club, Meet at Apartment Community Rm	04 8-9p: Book Club, Senior Commons	05 2-3p: Time Management Workshop, Oaks Learning Center 7:30-8:30p: Cowell Writing Circle, Senior Commons 7:30-8:30p: Public Speaking Club, Rm. 132 8-10:30p: Poetry Slam, Fireside Lounge	06 7:30-9p: Cowell Senate, Conference Rm. 132	07  9-11p: Karaoke and Cookies, Apartment Community Rm.
09	10 3:15p: Jog Club, Meet at Apartment Community Rm 7-9p: Core Course Plenary, Classroom Unit 2	11 <i>National Coming Out Day</i> <i>NEW! - Smith Gallery Exhibition</i> 8-10p: Coming Out Day Celebration, Apartment Community Room 8-9p: Book Club, Senior Commons	12 <i>Begin: Add by Petition, Withdraw From a Class</i> 10-11a: Warrior Yoga, Fireside Lounge 7:30-8:30p: Public Speaking Club, Conference Rm. 132 7:30-8:30p: Cowell Writing Circle, Senior Commons	13 7:30-9p: Cowell Senate, Conference Rm. 132	14  9-11p: Balloon Art with Addi Somekh, Apartment Community Rm.
16	17 3:15p: Jog Club, Meet at Apartment Community Rm	18 8-9p: Book Club, Senior Commons 8-9p: Tea Club, Apartment Community Room 8p: Open Mic Night, Fireside Lounge	19 10-11a: Warrior Yoga, Fireside Lounge 7:30-8:30p: Public Speaking Club, Conference Rm. 132 8-10p: Cowell Cinema, Apartment Community Room 8-10:30p: Poetry Slam, Fireside Lounge	20 5:30-7p: Medieval College Night, Cowell Dining Hall 7:30-9p: Cowell Senate, Conference Rm. 132	21 <i>Deadline: Declaration of Major/ Minor</i> 8p: Friendship Bracelet Making, Apartment Community Rm.
<i>New!- Smith Gallery Exhibition</i> 23 2-4p: Opening Reception, Smith Gallery	24 3:15p: Jog Club, Meet at ACR 7-9p: Core Course Plenary, Classroom Unit 2	25	26 2:30-3:45p: Chess Club, Fireside Lounge 6-7p: Day of the Dead Altar, Dining Hall 7-9p: Cowell Writing Circle, Senior Commons 8p: Knitting/Crochetting CirCowell, Fireside Lounge	27 7:30-9p: Cowell Senate, Conference Rm. 132	28  9-11p: Cowell-oween, Apartment Community Rm.
30	31  <i>Happy Halloween!</i> 3:15p: Jog Club, Meet at Fountain	01 8-9p: Book Club, Senior Commons	02 3a-7p: RA on Duty Sat. & Sun.; call 831.212.4544 9a-6p: Acquire a capella Auditions, Fireside Lounge	03 3a-7p: RA on Duty Sat. & Sun.; call 831.212.4544 1-5p: Spirituality and Faith Art Festival, Cowell Courtyard	04 3a-7p: RA on Duty Sat. & Sun.; call 831.212.4544 <i>NEW!- Dizikies Art Cases, Across from Fireside Lounge</i> 11a-5p: Practical Activism Conference, College 9/10 Multipurpose Rm. www.activism.ucsc.edu
					05 3a-7p: RA on Duty Sat. & Sun.; call 831.212.4544

Cowell Groups

Tea Club: Bring a Mug, Bring a Story

Tuesday, October 18; 8-9:30pm; Apartment Community Room

For more info: ewestby@ucsc.edu

Join the Cowell tea club for an evening of tea drinking and relaxed conversation on issues of fair trade and tea social customs. The only thing you need to bring is yourself, but if you have a favorite mug try to bring that too.

Cowell Chess Club

Wednesday, October 26; 2:30-3:45pm; Cowell Conf. Rm. 132

For more info: Gary, groe@ucsc.edu

Come play a fun game of chess! Everyone is welcome - all levels from all colleges. Boards will be available, or bring your own. Drop-ins welcome!

Cowell Cinema

Wednesday, October 19; 8-10pm; Apt Community Room

For more info: Sheila, shesolis@ucsc.edu

Stop watching movies on your tiny laptop and watch them on the big screen with Cowell Cinema! The great thing about Cowell Cinema is YOU get to choose the movie! So bring your friends, snacks, and any movies that you'd like to see. We will be selecting a film the night of, so arrive on time!

Cowell Jog Club

Mondays; 3:15pm; Meet at Apartment Community Room

For more info: Michael, mkanning@ucsc.edu

Calling all joggers! Want to get in shape this year? Come join us in the pursuit of fitness in the company of joggers. People of all abilities encouraged.

Cowell Book Club

Tuesdays; 8pm; Cowell Senior Commons

For more info: Katie, klinder@ucsc.edu

Love to read? Join us in our reading adventures. Feel free to stop by the club if you have any questions, or to send us an email.

Warrior Yoga Classes

Wednesdays; 10-11am; Fireside Lounge

For more info: Karen, hilker@ucsc.edu

Take advantage of free yoga classes, right here in Cowell! Bring a yoga mat (or large towel), water, and warrior spirit! Classes can fill up quickly, so be on time and wear comfortable clothes. All levels welcome- no experience necessary!

Public Speaking Club

Wednesdays; 7:30-8:30pm; Cowell Conference Room

For more info: sbruns@ucsc.edu

Quit listening and start speaking! The public speaking club is open to anyone who would like to learn to articulate publicly. First timers welcome at every meeting. First Meeting: Weds Oct 5th.

Cowell Writer's Circle

Wednesdays, Oct. 5, 12, 26; 7:30pm; Cowell Senior Commons

For more info: Jennafer, jealane@ucsc.edu

Do you have a creative poem or story to share? Do you like hearing talented writing? Come by our first meeting on Oct. 5 to see what the club is about then walk over to support the Poetry Slam!

Knitting and Crocheting CirCowell

Wednesday, October 26; 8pm; Cowell Fireside Lounge

For more info: Katie, klinder@ucsc.edu

Have you ever wanted to know how to knit or crochet? Here is your chance! Join us to develop your crocheting skills, no experience necessary (all experiences welcome, and supplies will be provided, but please bring your own hooks/needles/yarn if you have them). If you have knitting or crocheting experience please contact Katie about helping at the event.

Cowell Senate

Thursdays; 7:30-9pm; Cowell Conference Rm. 132

For more info: csenate@ucsc.edu

Participate in college leadership, plan events, and more! Simply show up to our meeting and let your voice be heard.



Cowell T-shirts!

\$12 cash or check; Available in the Student Life Office
Pop into the Student Life Office to purchase your very own Cowell T-shirt. They come in white or light blue and there's even a women's style cut.

Get Involved at Cowell!

For more info: Tiffany, tajimene@ucsc.edu

Are you interested in helping out at Cowell events like dances and College Nights? Volunteer to help where help is needed! This is a great and easy way to get involved in the Cowell community!

Time Management Workshop

Tuesday, October 5; 2-3pm; Oaks Learning Center

For more info: Danielle, dmello@ucsc.edu

This workshop will teach you ways to be a more effective student during your time at UCSC.

Poetry Slams

Wednesdays, Oct 5 & Oct 19; 8pm; Sign-ups at 7:30; Fireside Lounge

For more info: kineticpoeticsproject@gmail.com

A poetry slam is an oral performance competition in which people share their piece and have it judged by randomly chosen members of the audience. Don't be shy about coming and performing for the first time!

Audition for Acquire A Cappella

Saturday, October 8; 9am-6pm; Cowell Fireside Lounge

For more info: Info@acquiremusic.org

Coming Out Day Social and Film

Tuesday, October 11; 8-10:30pm; Cowell Apartment Community Room

For more info: Jackie, jlfergus@ucsc.edu

Join us for sorbet, fresh fruit, and socializing! Movie viewing will begin at 8:30pm. Bring your own cup, bowl, and spoon to enjoy the snacks!

Spirituality and Faith Art Festival

Saturday, October 15; 1-5pm; Cowell Courtyard

For more info: Pamela, purfer@ucsc.edu

Students will have opportunities for self-expression through the use of various art media. Refreshments provided! All students are encouraged to submit art works to the show, please contact Pamela.

Open Mic Night

Tuesday, October 18; 8pm; Sign-ups at 7:45pm; Fireside Lounge

For more info: Emilie, ewinfiel@ucsc.edu

Calling all undiscovered stars and music lovers! Grab a drink at the Cowell Coffee Shop then come perform or just listen and enjoy.

Day of the Dead Altar Building & Craft Nights

Altar Set-up: Wednesday, October 26; 6-7pm; Cowell Dining Hall

Craft Night: Tuesday, Nov. 1; 6:30-8pm; Apartment Community Room

For more info: Irene, ioconnel@ucsc.edu

Participate in building a memorial altar in prep for Day of the Dead! Then on November 1st, bring your friends and enjoy an evening of arts and crafts! Make papel picado, paper mache flowers, velas, ojos de dios, decorate sugar skulls, and more! Refreshments provided.

Dizikes Art Cases

Across from the Fireside Lounge

Through 10/21: Rachel Hauptfeld and Oliver Whitcroft displays

Beginning 10/22: Día de los Muertos displays

For more info: Pam, pahong@ucsc.edu

Come see the first display of the year that features student art! Then watch out for the Day of the Dead display that pervade a celebration of life, death, and rebirth.

Cowell's E.P. Smith Gallery Exhibits

Now through 10/11: "Every Protection: Pregnancy and Childhood in the Pale of Settlement"

Beginning 10/23: "Another Realm" and "Traveling Light"; Annex Gallery

Opening Reception: Sunday, October 23, 2-4pm

For more info: Call (831) 459-2953 or stop by the gallery

This month, take a look at pieces by New York artist, Debra Olin, Coeleen Kiebert, and UCSC alumna, Mayumi Wantanabe. All are invited to a special opening reception for the artists.

DVD Library

Mon-Thurs; 4-5pm & Open Late on
Weds; 8-9pm; Room 135

For more info: cowelldvd@gmail.com

Come sign up to be a member, it's free for Cowell students. Stop by rm. 135 during our Fall 2011 hours and bring your Student I.D. to register. We have a growing selection of movies. Members can rent out one DVD for a week at a time, and can return DVDs during our staffing hours, or through the drop slot in the rm. 135 door.

Important Housing & Academic Deadlines

Date	Event/Deadline
Oct 2	Deadline: Class Permission Numbers Required
Oct 13	Deadline: Change Grade Option, End: Add/Drop/Swap
Oct 14	Begin: Add by Petition, Withdraw from a Class
Oct 22	Deadline: Declaration of Major of Minor



Lockers for Rent!

\$5 for the whole year; Available in the Student Life Office

Don't want to carry textbooks and other heavy items back and forth to Cowell? For \$5, you get the convenience of a locker and a lock for a whole year.