





Cowell College
Handout
 The Pursuit of Truth in the Company of Friends
November 2015

Cowell College Programs, Room 133, (831)459-2255
 also online at cowell.ucsc.edu/activities

Fall Barn Bash College Night

 **Tuesday, November 17**
6 - 7:30 pm
Cowell Dining Hall 

What's a better way to celebrate the autumn season than to indulge in the fruits of the fall harvest! For your entertainment, there will be contra dancing to get you off your feet, facilitated by Caller Andy Wilson. We'll also have some fun and games with prizes. Plus, representatives from UC Santa Cruz's Farm and CASFS program will share their mission for ecological sustainability and social justice in the food and agriculture system!

Menu: Butternut squash & sausage pasta, roasted chicken, stuffed bell peppers (vegan), garlic smashed potatoes (vegan), sourdough sundried tomato stuffing, pumpkin rolls, zucchini & corn, apple & nut salad, pumpkin pie, apple dumplings (vegan) with ice cream and caramel sauce on the side.

Doors open at 5:45pm, the meal begins at 6pm, and the show starts at 6:45pm. Arrive early to get a good seat and plan to stay for the entire event, out of respect for the performers and other attendees.



Admission Info: Cowell students with a meal plan: swipe your card at the door. Off-campus students without a meal plan: pay \$2 in advance at the Programs Office room 133. Faculty & staff contact Provost Assistant: 459-2251, cwprvstasst@ucsc.edu. Arrive on time

Looking Ahead

Instruction Ends:
Friday, December 4

Final Examinations:
Monday, December 7-Thursday, December 10

Winter Break:
Friday, December 11 - Monday, January 4



Cowell Entertainment Co-Op

Mondays, Wednesdays, Fridays; 6-8 pm; Room 135
For more info: cowellcoop@gmail.com

Bored and have nothing to do? Stop by the Co-Op, it's a FREE rental service for all Cowell students! Bring your ID to become a member and start borrowing. Video games and consoles, DVDs, glow in the dark Frisbees, and much more! Enjoy your items for the allotted time period then return them to check out more.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 <u>Location Key</u> FSL = Mary Holmes Fireside Lounge CDH = Cowell Dining Hall SC = Senior Commons Room 225 Founders' Glen = FG	02 3:30-4:30p: Meditation, Fireside Lounge	03 12-2p: Dine-In Advising, CDH 3-4p: SUA Office Hours, Rm 135 5-6p: Hula Hoop Club, FG 8-9p: Balloon Art Brigade, FSL 8-9:30p: Photo Club, SC	04 <i>Stevenson College Night: Dining Hall Closes Early</i> 12-2p: Dine-In Advising, CDH 8-10:30p: Poetry Slam, Fireside Lounge 9-10p: SFAC Office Hours, CW Coffee Shop	05 5:30-7p: Día De Los Muertos Reception, Eloise Pickard Smith Gallery 8-9:30p: Senate Meeting, Conference Room 132	06 3:30-4:30p: Meditation, Fireside Lounge	07 3-6p: Día De Los Muertos, College 9/10 Multi-Purpose Room 5-7p: Celebration of the Life of Bob Newman, Merrill Cultural Center
08	09 3:30-4:30p: Meditation, Fireside Lounge	10 12-1:15p: Chess, Conference Rm 132 3-4p: SUA Office Hours, Rm 135 5-6p: Hula Hoop Club, FG 6-7:30p: Roast Your Wieners & Check Your Breasts, FSL 8-9p: Balloon Art Brigade, FSL	11 Veterans Day: No School	12 7-9p: Origami Craft Night, Apartment Community Room 8-9:30p: Senate Meeting, Conference Room 132	13 3:30-4:30p: Meditation, Fireside Lounge	14
15	16 3:30-4:30p: Meditation, Fireside Lounge 5-6p: Crafter's Info Meeting, FSL 7-9p: Core Plenary, Classroom Unit 2	17 12-1:15p: Chess, Conf. Rm 132 3-4p: SUA Office Hours, Rm 135 5-6p: Hula Hoop Club 6-7:30p: Fall Barn Bash College Night, CDH 8-9p: Balloon Art Brigade, FSL	18 8:30-10p: Open Mic, Fireside Lounge 9-10p: SFAC Office Hours, Cowell Coffee Shop	19 <i>Great American Smokeout</i> 8-9:30p: Senate Meeting, Conference Room 132	20 3:30-4:30p: Meditation, Fireside Lounge 10-11p: SAD Improv, Fireside Lounge	21
22	23 3:30-4:30p: Meditation, FSL 7-9p: Core Plenary, Classroom Unit 2	24 3-4p: SUA Office Hours, Rm 135 5-6p: Hula Hoop Club, Founders' Glen 8-9p: Balloon Art Brigade, FSL	25 <i>Last meal served before break is lunch!</i> 8-9:30p: Craft Night Fireside Lounge	26 1:30-4:30p: Harvest Dinner, 9 & 10 Multipurpose Room (RSVP req.) 6-7:30p: Video & Board Game Night, FSL Holiday. . . No School. . .	27 1-2:30p: Fun on the Lawn, Founders' Glen Holiday. . . No School	28
29 <i>First meal served is dinner</i>	30 3:30-4:30p: Meditation, FSL 7-9p: Core Plenary, Classroom Unit 2	30	30	30	30	30

November Break Events

Campuswide Harvest Dinner

Thursday, Nov. 26; 1:30-4:30 pm; College 9/10 Multi-Purpose Room
RSVP or more info: deanofstudents@ucsc.edu
 Staying at UCSC for Thanksgiving break! Join others on campus for a special meal. Free with a meal plan! RSVP required. Contact the Dean of Students Office above..



Craft Night

Wednesday, Nov. 25; 8-9:30 pm; Mary Holmes Fireside Lounge
For more info: jgcadena@ucsc.edu
 Do you like making crafts? Come join us for a night of crafts and free snacks.

Video & Board Game Night

Thursday, Nov. 26; 6-7:30 pm; Mary Holmes Fireside Lounge
For more info: jgcadena@ucsc.edu



Release your inner gamer, bring your best poker face. We will be having many board games, card games and one video console. And the best part...there will be snacks.

Fun on the Lawn

Friday, Nov. 27; 1-2:30 pm; Founders' Glen
For more info: jgcadena@ucsc.edu



Have you been indoors this whole weekend? Literally...come out to

Important Academic Deadlines

Date	Event
11/4	Last day to withdraw from a class, last day to withdraw from the University, last day to credit by petition, last day to add by petition
11/9	Priority enrollment begins
11/25	Deadline to petition to change college

Volunteer Love!



Thanks to our Cowell Events Crew and Photographers who signed up to help at October events including Poetry Slam, Back to the Future College Night, Halloween and more! Who helped? Jess, Cassia, Alice, Carissa, Braden, Valentina, Katarina, Alex, Guillermo, Leslie, Hannah, Cassidy, K'Love, Priya, and Nadia! How about you? Sign up with Briana, our Volunteer Coordinator, by emailing: volunteercowell@gmail.com.

Dizikes Art Cases

For more info: dizikesart@gmail.com

The dizikes art cases display student artwork throughout the quarter. If you are interested in displaying your visual creations, send an email! All types of art are welcome.

Meditation Class for All

Mondays & Fridays, 3:30-4:30 pm; Mary Holmes Fireside Lounge

For more info: telesser@ucsc.edu

Relax, destress, and de-clutter your mind with basic meditation techniques. All levels of experience welcome.

Hula Hoop Club

Tuesdays, 5-6 pm, Founders' Glen

For more info: mchayash@ucsc.edu or 408-744-2326

Learn to hoop dance and form your own flow! Bring a hoop or use the ones provided. All hoopers welcome, from beginner to advanced. This is the perfect place to learn or expand on hoop dance skills.

Representatives Office Hours

Tuesdays, 3-4 pm; Room 135 (SUA)

Wednesdays, 9-10 pm; Cowell Coffee Shop (SFAC)

For more info: Alice, ammalmbe@ucsc.edu & Imari, ijreynol@ucsc.edu

Our Cowell representatives are here to talk to you about concerns you may have about fees, the university, and more! Stop by to talk to Alice, Student Fee Advisory Committee (SFAC) representative, and Imari, Student Union Assembly (SUA) representative.

Balloon Art Brigade

Tuesdays, 8-9 pm; Mary Holmes Fireside Lounge

For more info: slugballoons@gmail.com

Discover the unique skill of balloon art while making friends and serving your community! We entertain and volunteer at a variety of events from festivals to senior centers. New members always welcome!

Cowell Senate

Thursdays, 8-9:30 pm; Conference Room 132

For more info: Tori, vvotino@ucsc.edu (Senate Chair)

Do you want to meet awesome people while having a say in how your money is spent? Come check out Cowell Senate and all the leadership opportunities it provides.

Advising Week

Monday, Nov. 2 - Friday, Nov. 6

For more info: (831) 459-2253 or cowell@ucsc.edu

Prepare for Winter 2016 enrollment and meet with an advisor.

Dine-in Advising

Tuesday, Nov. 3 & Wednesday, Nov. 4; 12-2 pm; Cowell Dining Hall

For more info: (831) 459-2253 or cowell@ucsc.edu

Learn some tricks and treat yourself before priority enrollment at Dine-in Advising. Talk to advisors about your courses for Winter 2016.

Cowell Photography Club

Tuesday, Nov. 3; 8-9:30 pm; Senior Commons Room 225

For more info: cowellphotoclub@gmail.com



Ready for some exciting photography? Join us as we decide the winner of the week's Photo Challenge. Some members will also showcase their favorite pics and share the process they used to create them!

Kinetic Poetics Project Poetry Slams

Wednesday, Nov. 4; 8-10:30 pm; Mary Holmes Fireside Lounge

For more info: kineticpoeticsemail@gmail.com

Hungry for words? Come through with your poems to share, or just attend as an audience member. The night's top two poets earn a spot in the KPP festival next quarter, to have a chance to represent UCSC at a national slam. This show is completely free. Sign-ups at 7:30 pm.

Día De Los Muertos, Campus-Wide Student Exhibition

Exhibit: Nov. 5 - 19; Gallery Hours: Tues - Sun; 11am - 4pm

Opening: Thursday, November 5, 5:30 - 7pm

Eloise Pickard Smith Gallery, (near the Dining Hall)

More info: Joan Blackmer (831) 459-2953 or blackmer@ucsc.edu

Exhibit put on by UCSC students and the El Centro Resource Center.



Celebration of the Life of Bob Newman

Saturday, Nov. 7; 5-7 pm; Merrill Cultural Center

For more info: fjcrosby@ucsc.edu

If you knew Bob and want to join the celebration, please come and join the celebration of his 99 years. Pot luck dinner at Faye's house following the celebration.



Cowell Chess

Tuesdays, Nov. 10 & 17; 12-1:15 pm; Cowell Conference Room 132

For more info: groe56@comcast.net

Stop by and enjoy a casual game of chess! Drop-ins welcome.

Roast Your Wiener and Check Your Breasts

Tuesday, Nov. 10; 6-7:30 pm; Mary Holmes Fireside Lounge

For more info: Jose, jgcadena@ucsc.edu

Every year 7.6 million people, around the world, die from cancer. About half of the people were diagnosed too late. Be self-aware of your body and the changes happening. Don't be another victim to cancer. Get ahead and be informed of the natural and unnatural changes to your body.

Origami Craft Night

Thursday, Nov. 12; 7-9 pm; Apartment Community Room

For more info: shcarril@ucsc.edu



Enjoy delicious snacks as we learn the art of origami. Create traditional Japanese characters in colorful kimonos, cute woodland creatures, or your own inspired creation to decorate your room!

Cowell Crafter's Info Meeting

Monday, Nov. 16; 5-6 pm; Mary Holmes Fireside Lounge

For more info: shcarril@ucsc.edu

Learn how to create things that are pinterest-worthy! The info session will be on the creation of the new club at Cowell, featuring opportunities to coordinate your own arts & crafts night in the Cowell Community.

Open Mic Night

Wednesday, Nov. 18; 8:30-10 pm; Mary Holmes Fireside Lounge

For more info: jvanover@ucsc.edu

Are you a comedian? A slam poet? Do you own a guitar? Then come to the Cowell Fireside and share your talent with us! Sign-ups at 8:15pm!

S.A.D. Improv

Friday, Nov. 20; 10-11 pm; Mary Holmes Fireside Lounge

For more info: toertel@ucsc.edu

Looking for an entertaining night of comedy on campus? Watch Someone Always Dies perform a set of improv comedy. Laugh with us & feel free to laugh at us! Arrive early to get seats!

Around Campus....

El Centro Presents Día De Los Muertos

Saturday, November 7, 3-6 pm, College 9/10 Multi-Purpose Room

For more information: elcentro@ucsc.edu

Día De Los Muertos is a celebration remembering the relationship between life and death. Come celebrate with the El Centro community at this free event enjoy the blessings, food, performances, and more!

Important Housing Info

Meal Plan Change Period: November 1 - 10

This is your opportunity to decrease your meal plan, effective winter quarter. Submit changes online at www.studenthousing.ucsc.edu. You may increase your meal plan at any time within any quarter.

Apartment Cleaning Inspection Week

Monday, Nov. 16 - Friday, Nov. 20

Inspections for Fall Quarter will be conducted between 10:00 a.m. and 5:00 p.m. More information and day/time for your apartment's inspection will be sent via email. Please clean the common areas (kitchen, bathrooms, hallways, stairways & living and dining areas) of your apartment and be ready by that week! Individual rooms will not be inspected. Prepare by coordinating with your housemates and delegating cleaning tasks.

Thanksgiving Break: November 26 - 29

The Dining Halls will NOT be open during the Thanksgiving Break (except Harvest Dinner 11/26). If you are staying on campus, plan ahead for food! No permission is necessary to stay over Thanksgiving break. The last dining hall meal served is lunch on Wednesday 11/25; the first meal served is dinner on Sunday 11/29.

Winter Break & Campus Closure:

Friday, Dec. 11 at noon - Saturday, Jan. 2 at 10am

Plan your holiday now! The campus residential facilities, including the residence halls and apartments, will be closed for the Winter Break. You may apply for an extension to stay through the weekend after finals, Dec 12-13.

Leaving After Fall Quarter?

Are you graduating, studying abroad, taking a leave of absence, etc.? Please come in now to the Residential Life and Housing Office to complete your housing contract cancellation request form.

Questions? Call Residential Life Office at (831) 459-2173.