

Cowell College Handout

The Pursuit of Truth in the Company of Friends

June 2015

Cowell College Programs, Rm. 133, (831)459-2255
also online at cowell.ucsc.edu

Cowell & Stevenson BBQ Picnic

Tuesday, June 2 • 6-8 pm
Cowell Dining Hall & Courtyard

Henna • Face Paint • Bounce House • Caricature Artist
Live music by *Kuzanga Marimba, Acquire A Cappella, Jacob Darby* and *Katie Sweeney!*

Open to all. Swipe in or cash entry. Note: Dining Hall closed 2-6pm to prepare. Menu: BBQ chicken, Santa Maria tri-tip, grilled marinated portabello, sourdough rolls, corn on the cob, potato salad, pasta salad, garden salad, fresh fruit salad, lemonade, iced tea, and popsicles!



Commencement Countdown!



Read the Grad Info page today!
cowell.ucsc.edu/activities/commencement/gradinfo
Commencement has arrived!

Commencement Reminders:

- Consider choosing a stage escort. See Step 7.
- Pick up Parking Passes: Monday, June 1 through Friday, June 12, from the College Office. ID required. See Step 9.
- Pick up Cap/Gown: Beginning Mon, June 8. See Step 4.
- Commencement! Saturday, June 13. Grads should arrive no later than 12:30pm at the Cowell Courtyard; Commencement begins at 1:30pm. See Step 12.

Events:

Rehearsal: Thursday, June 11, 5-6pm. Meet at the Cowell Courtyard for a quick run through. Take the Class of 2015 group picture & practice the procession. See Step 11.

Senior Celebration: Thursday, June 11, 6-7pm, Provost House Lawn. Following the rehearsal, come to the celebration to enjoy refreshments and socializing. Free Class of 2015 wine glass for those with their ticket (picked up when you get your parking passes). Additional wine glasses (\$5 each or 4 for \$15) & Cowell t-shirts (\$15) will be on sale. See Step 11.

Cowell Commencement: Saturday, June 13, 1:30-3pm, East Field

Reception: Saturday, June 13, 3-4pm, Cowell Courtyard. Celebrate after commencement with cake, strawberries, and lemonade! Additional Class of 2015 wine glasses & Cowell T-shirts available for purchase.



Location Key
FSL: Mary Holmes
Fireside Lounge
SEC: Stevenson Event
Center

SUNDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	01	02	03	04	05	06
		1-2p: Meditation, FSL 6-8p: Cowell & Stevenson Picnic, Dining Hall & Ctgd. 7-8:15p: LAST Yoga Class, FSL		Move out donation stations arrive	Instruction Ends 10a-6p: UCSC Student Print Sale, Baskin Visual Arts Rm G-101 12p-12a: Study Zone, SEC 5-6p: LAST Meditation, FSL	10a-6p: UCSC Student Print Sale, Baskin Visual Arts Rm G-101 12p-12a: Study Zone, SEC
	07	08	09	10	11	12
	Housing Contract Extension Deadline 12p-12a: Study Zone, SEC 5-6p: Pause for Paws, McHenry Library	9a-12a: Study Zone, SEC 6:30-7:30p: Pause for Paws, S&E Library Final Exams . . .	9a-12a: Study Zone, SEC Final Exams . . .	10a-12a: Study Zone, SEC Final Exams . . .	5-6p: Commencement Rehearsal, Courtyard/ East Field 6-7p: Senior Celebration, Cowell Provost House Final Exams . . .	Noon Move Out Deadline Mailroom Closed 1:30-3p: Cowell Commencement Ceremony, East Field 3-4p: Commencement Reception, Cowell Courtyard

Study Zone

June 5 - 7, 12 pm - midnight
 June 8 - 9, 9 am - midnight
 June 10, 10 am - midnight

Stevenson Event Center (QUIET Zone)

Silverman Conference Room & Fireside Lounge (SILENT Zone)

For more info: gus@ucsc.edu, 459-2660

Can't study in your room or find space at any of the libraries? Well, come to Study Zone where you can study, get free snacks, and free study & test materials. Free all you can drink coffee and snacks after 5 pm in the Event Center. BYOM (bring your own mug).



Housing & Move-Out Check List

Move out deadline is Friday, June 12 at NOON.

- Attend your house check out meeting hosted by the RAs
- Sign up with your RA for a check out time
- If you are graduating or working graduation, etc. request an extension of your housing contract by Monday, June 8 at www.studenthousing.ucsc.edu
- Clean your room and apartment common areas to avoid charges
- Recycle - E-Waste - Donate! Take trash, recyclables, & items to donate to a recycling center near your building. Take small e-waste items to the bin in the Stevenson mailroom

Questions? Call the Residential Life & Housing Office at 831-459-2173 or drop by under the Cowell and Stevenson Dining Hall!

Mailroom Reminder

For more info: cowellmr@ucsc.edu



A friendly reminder that the Mailroom will close on June 12th. Please pick up all packages, clean out your mailbox, and update your forwarding address before you move out! If you do not return your mailbox key, you will be charged \$15.00. Visit <http://cowell.ucsc.edu/residential-life/mailroom/closing.html> for more info.

Meditation Class for All, LAST MEETING: 6/5

Tues., 1-2 pm & Fri., 5-6 pm; Mary Holmes Fireside Lounge

For more info: telesser@ucsc.edu



Learn to relax the mind, gain greater clarity, focus, and insights with simple meditation practices.

Yoga Class, LAST MEETING: 6/2

Tuesdays; 7-8:15 pm; Mary Holmes Fireside Lounge

For more info: Nicolette, nicolettejohnsonyoga@gmail.com

Join us for a Hatha inspired flow suited for all levels. Be on time as space is limited. Mats are available for use.

Move-Out Donations Stations

Arrive: Thursday, June 5th

Don't want to take that extra box of stuff home when you move out in June? Donate it at one of the pop-up donation station around the colleges starting on Friday, June 5th. These centers welcome clothes, household items, small furniture, unopened food, labeled working electronics, & unused toiletries.



2015 Cowell College Prize Results

Our sincere congratulations go out to the following Prize Recipients:

- Dizikes Writing Prize: Brianna Jeska
- Cowell Poetry Prize: Haakon Williams
- Cassius Ellis Memorial Award: Grace Francisco
- Cowell Press Prize: Dorian Maffei
- Carol Freeman Leadership Award: Flynn Moore

Cowell College Service Citation Recipients

Cowell would like to thank and congratulate the following recipients of the College Service Citation for outstanding volunteer contributions to the life of Cowell College: Flynn Moore, Terra Crawl, Katie Johnston, Geraldine O'Mara, Charlotte Swenson, Julissa Espindola, Nina Turan, Ashley Storms, Nicole Martel, Lindsay Choi, and Chris Ng.

Around Campus...

41st Annual UCSC Student Print Sale

Friday-Saturday, June 5-6; 10am-6pm; Baskin Visual Arts Rm G-101
 Complete Info: <http://artsites.ucsc.edu/printsale>

Hundreds of original etchings, lithographs, woodcuts, digital prints, handmade books, and more will be on display and for sale. Cash and check only.

Pause for Paws: Stress Reduction

Sun, June 7; 5-6pm; McHenry & Mon, June 8; 6:30-7:30pm; S&E

Research has demonstrated that time spent petting an animal can lower feelings of stress, lower blood pressure and improve mood and sense of well being. So spend some time petting furry friends to de-stress during finals week.



Important Academic & Housing Deadlines

Date	Event
6/5	Instruction ends
6/8-6/11	Final Exams
6/11	Deadline to remove an incomplete from Winter 2015, deadline to complete all requirements for degree, & deadline for graduating students to submit transcripts from other institutions
6/22	Summer Session 1 classes begin

Congrats 2015-16 Welcome Leaders!

A big welcome and congrats to next year's team of Cowell Welcome Leaders (WLs)! Nikki Santiago will be returning as a WL and joined by equally fabulous new WLs Alex Angelidis, Alex Dami, Alice Malmberg, Bridgette Blotz, DeAnna Miller, Emme Young, Haley Osborn, Hannah Meyer, Imari Reynolds, John Stowe, Katie Charlton, Morgan Grant, Nima Agah, Olivia Ahmed, Sam Brito, Seamus Howard, Siria Diego, Thomas Cahill, Tommie Tagawa & Zack Wang!

Volunteer Love

Thank you all who helped in May! Event Crew and Photographers Jessie Case, Alex Dami, Catherine Hsu, Yang Kong, Alice Malmberg, Hannah Meyer & Ana Radanovic helped at the Sight & Sound Fest and the Brazilian College Night. Join "Cowell Events & Activities" Facebook group to see pics of these fun times!

In Memoriam ~ Robert Newman

Robert "Bob" Newman, father of Provost Faye Crosby and a much beloved member of the Cowell community, passed away on May 15, 2015 at 99 years of age. During his time at Cowell, Bob regularly attended Cowell College Nights - or at least, "only those that Faye attended" - and he was often the first person to greet visitors who walked through the door at the Provost's House. He will be remembered by students, faculty, and staff alike for his kind demeanor, welcoming spirit, and keen sense of humor.