

Events will include: bounce house obstacle course, pie eating, video game tournament, musical chairs, house flag making, an epic battle of hula hoops and many more fun and exhilarating events. And wait... there's more!!! Prizes for the top three house showing their Cowell pride and team effort. So come join us because there will be tears, laughter, and battles of epic proportions. In the end there will be one winner worthy of the title "Cowell Olympics Champions." Sign up with your RA.

October 2014

Cowell College Programs, Cowell Room 133
(831)459-2255 / Handout online at cowell.ucsc.edu



COLLEGE NIGHT:

CIRCUS

Wednesday, Oct 22; 6-7:30pm
Cowell Dining Hall

For more info: Kara Snider, klea@ucsc.edu, 459-4655

Can't join the circus because you're in college? Not to worry, we're bringing the circus to you! Acrobats, aerialists, jugglers, hula hoopers, unicyclists and more. If you're not entertained at this event, you can feed us to the lions!


College Nights are a special event where students, staff, and faculty come together for a family style meal, followed by a special program. They take place about once a month in the Dining Hall. Join us for this first event of the year and enjoy a special menu, followed by an incredible show. Arrive on early to get a seat! Plan to stay for the entire program.

Menu to include classic and modern circus favorites like soft pretzels, cotton candy, chicken strips, salt water taffy and more. See posters for full menu. Provost will give a blessing, dinner served at 6 and show begins at 6:45. Note: our Dining Hall closes at 2 pm on this day to prepare for the event.

Admission Info: Cowell students with a meal plan: no ticket required, swipe your mealcard at the door. Off-campus students without a meal plan: pay \$2 for your ticket in advance at the Programs Office, Room 133. Arrive early .

Saturday, Oct. 18; 1-5 pm
Founders' Glen Lawn
For more info: jgcadena@ucsc.edu

Want to join us for an afternoon of fun in a friendly house-to-house competitions to see who at Cowell is the BEST? Then the 2014 Cowell Fall Olympics might be the perfect place for you. There can only be one winner.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
05 1-3p: Making New Friends: Photographing the UCSC Community, Eloise Pickard Gallery 1-4p: Downtown/Beach Trip, CF	06 <i>Enrollment Deadline</i> 5-6p: Meditation, FSL 9-10:30p: PJs at the PH for Beard House	07 4p: Let's Go! Women's Center Open House, CF 5:30-7: AARCC Meet & Greet, SC 9-10:30p: PJs at the PH for Adams House	01 12-2p: Cowell Resource Fair, CF 7-9p: Core Course Meeting, Classroom Unit 2	02 <i>Classes Begin</i> 4-5p: CAO Office Hours, Cowell Admin 114 7:30p: Senate Meeting, Conference Room 132	03 5-6p: Meditation, FSL 6-7:30p: Welcome Leader BBQ, CF 8:30-10:30p: Movie on Parrington, Lower Quad Lawn	04 9a-5p: Acquire Auditions, Room 134 1-3p: Bounce & Crafts, Cowell Courtyard 9p-12a: Game Lounges, Stevenson FSL & Silverman Room 9p-12:30a: 80s Glow Dance, SEC
12 <i>Location Key</i> ACR = Apartment Community Room FSL = Fireside Lounge CDH = Cowell Dining Hall SEC = Stevenson Event Center	13 5-6p: Meditation, FSL 7-9p: Cowell Core Plenary Lecture, Classroom Unit 2 9-10:30p: PJs at the PH for Morison House	14 9-10:30p: PJs at the PH for Parkman House	08 1p: Let's Go! ERC Open House, CF 5-6p: Hula Hoop Club, Founders' Glen 7p: Let's Go! Queer Undergrad Mixer, CF 8-9p: Balloon Art Brigade, SCR 8-10:30p: Kinetic Poetics Poetry Slam, FSL 9-10:30p: PJs at the PH for Prescott House	09 4-5p: CAO Office Hours, Cowell Admin 114 7:30p: Senate Meeting, Conference Room 132 9-10:30p: PJs at the PH for Parrington House	10 5-6p: Meditation, FSL 9:30p-12a: Club Cowell, CDH	11 <i>Permission Numbers Required</i>
19 <i>Location Key</i> PSL = Page Smith Library SCR = Senior Commons, Room 225 CF = Cowell Fountain/Meet at Fountain	20 5-6p: Meditation, FSL	21 5-6p: Hula Hoop Club, Founders' Glen 6-7:30p: College Night: Circus, CDH 8-9p: Balloon Art Brigade, SCR 9-10:30p: Open Mic, FSL	15 <i>Dining Hall closes at 2pm for Stevenson College Night</i> 5-6p: Hula Hoop Club, Founders' Glen 7-9p: Core Plenary, Classroom Unit 2 8-9p: Balloon Art Brigade, SCR 8-10:30p: Poetry Slam, FSL 9-10:30p: PJs at the PH for Turner House	16 4-5p: CAO Office Hours, Cowell Admin 114 7:30p: Senate Meeting, Conference Room 132	17 5-6p: Meditation, FSL 5-7p: Slug Pride Campus Wide, Cowell Courtyard	18 1-5p: Fall Cowell Olympics, Founders' Glen 9-10p: SAD Improv Show, FSL
26	27 5-6p: Meditation, FSL	28 6-7:45p: Conflict & Compassion, Merrill Academy 102	22 5-6p: Hula Hoop Club, Founders' Glen 6-7:30p: College Night: Circus, CDH 8-9p: Balloon Art Brigade, SCR 9-10:30p: Open Mic, FSL	23 4-5p: CAO Office Hours, Cowell Admin 114 7:30p: Senate Meeting, Conference Room 132	24 5-6p: Meditation, FSL 5-7p: Color Light Abstractions, Eloise Pickard Smith Gallery 9-11p: Scavenger Hunt, Cowell Courtyard	25
			29 5-6p: Hula Hoop Club, Founders' Glen 7-9p: Core Plenary, Classroom Unit 2 8-9p: Balloon Art Brigade, SCR 8-10:30p: Poetry Slam, FSL	30 4-5p: CAO Office Hours, Cowell Admin 114 7:30p: Senate Mtng, Conference Room 132	31 5-6p: Meditation, FSL 9-11p: Halloween Sex Carnival, CDH	 Scan this QR code for a digital copy!

Cowell Weekend Events

Movie on Parrington: Up

Friday, Oct 3; 8:30-10:30 pm; Lower Quad Lawn
 For more info: Cowell Programs Office, 831.459.2255
SQUIRREL!!! Grab a blanket and a pillow for our outdoor movie under the stars: Pixar's "UP." Bring a mug to enjoy refreshments too. It's all free and right here at Cowell!



Club Cowell

Friday, Oct 10; 9:30 pm-12 am; Cowell Dining Hall
 For more info: cswenso@ucsc.edu

Join us for a night of drinks and dancing. Mocktails and music will provide the ultimate experience of the NorCal club life along with awesome safety tips for those crazy college nights! A raffle with sweet prizes will occur at the end of the evening. Dress code: TBA (look out for fliers).

Slug Pride Campus Wide

Friday, Oct 17; 5-7 pm; Cowell Courtyard
 For more info: Stephanie, shcarril@ucsc.edu

Come join us to get to know the different organizations and resource departments on campus. There will be music, snacks, and refreshments!

Cowell Wide Scavenger Hunt

Friday, October 24th, Cowell Courtyard
 For more info contact: Junior Morales jurmoral@ucsc.edu

Come out and participate in this year's scavenger hunt. Students will be split into groups and the winning group will receive bean bag chairs!

Halloween Sex Carnival

Friday, Oct 31; 9-11 pm, Cowell Dining Hall
 For more info: Katie Johnston, cjohnst@ucsc.edu

Sex, costumes, and food, what more could you want in life? We are having a healthy, educational and fun carnival that is based on sex! Join in on games, food, and sexy prizes this steamy Halloween evening!



Important Academic Deadlines

Date	Event
10/2	Withdrawal from the University
10/6	Class enrollment deadline
10/11	Class permission numbers required
10/22	Deadline to add/drop/swap a class, change grading options, and apply for part time program
10/24	Deadline to declare/change major/minor

Connect at Cowell!

Survey: cowell.ucsc.edu/activities/survey

Let Cowell know what kind of events and opportunities you'd like to see happen this year? Fill out the short web survey (above).

Cowell Needs You!

For more info and to sign-up: cowell.ucsc.edu/activities/volunteer

Volunteer at Cowell as part of the Event Crew or as a photographer. Help at events like College Nights, Bounce House, Crafts, and Talent Shows. A great way to meet new people! Learn more and sign up at website above.

Cowell T-shirts

\$15 cash or check; Room 133

New, fabulous design by Cowell's own Cecilia Felipe! Pop into the Cowell Programs Office to purchase your very own Cowell T-shirt! Available in black or white, unisex or woman's cut.



Lockers for Rent

\$5 for the whole year; Available in Programs Office, Room 133

Don't want to carry textbooks and other heavy items back and forth to Cowell? For \$5, you get the convenience of a locker and a lock for a whole year.



Dizikes Cases: Student Leader Art!

Now thru Monday, Oct 20

For more info: Trina Berger, cabberger@ucsc.edu

Move-in helpers, advice-givers, tour guides, and ARTISTS! Come marvel at the art produced by helpful and creative Cowell Student Leaders, now showing in the Dizikes Art Cases across from the Mary Holmes Fireside Lounge.

Cowell Meditation Class for All

FIRST MEETING: 10/3

Mondays and Fridays, 5:00 - 6:00 PM, Cowell Fireside Lounge

For more info: telessor@ucsc.edu

Learn basic meditation techniques that will help you to calm your mind, relax, and find inner peace amongst the hustle and bustle of University life. Beginner and experienced welcome.

Hula Hoop Club

FIRST MEETING: 10/8

Wednesdays; 5-6 pm; Founders' Glen

For more info: cswenso@ucsc.edu

Come learn how to hoop dance and form your own flow! Bring your own hoop, or use the hoops provided. We take all hoopers, from beginner to advanced, and is a perfect place to learn or expand on hoop dance skills.

Balloon Art Brigade

Wednesdays; 8-9 pm; Senior Commons, Room 225

For more info: slugballoons@gmail.com

Come learn the balloon twisting, art that creates smiles regardless of age! Then volunteer with your new skill.

CAO Office Hours

Thursdays; 4-5 pm; Cowell Admin 114

Can't make it? Email Carolyn to schedule, cgolz@ucsc.edu.

Got questions, but not sure where to turn? Have feedback or ideas to share? Drop in to see Carolyn Golz, Cowell College Administrative Officer (CAO) during her open office hours.

Cowell Senate

Thursdays; 7:30-9pm, Conference Room 132

For more info: Alex, ajmccutc@ucsc.edu (Senate Chair)

Come out to the first meeting of cowell's student government, Cowell Senate! Learn about student government, how to represent your college, and get involved in campus wide activities.

Welcome Leader BBQ

Friday, Oct 3; 6-7:30 pm; Cowell Fountain

For more info: cowellprograms@gmail.com



You made it through your first 2 days of classes! Come relax with your new friends as the Welcome Team cooks up some BBQ.

Bounce House & Crafts

Saturday, Oct 4; 1-3 pm; Cowell Courtyard

For more info: cowellprograms@gmail.com

Enjoy the great outdoor spaces at Cowell while getting crafty. Bring a shirt to cut up and stylize. Bring your student ID.

80s Glow Dance!

Saturday, Oct 4; 9 pm-12:30 am; Stevenson Event Center

For more info: cowellprograms@gmail.com

Get your groove on with Cowell and Stevenson at this welcome dance. Featuring DJ Willi. Be sure to bring your ID to get in; this event is exclusively for Cowell and Stevenson students. Snacks provided. This is a sober event. Wear white or other UV-reactive!

Off Campus Trip: Beach or Downtown

Sunday, Oct 5; 1-4 pm; Meet at Cowell Fountain

For more info: cowellprograms@gmail.com

Want to explore town but not sure which bus to take? Your Welcome Leaders will guide you on a Metro bus to some great spots off campus. Pick, either the beach or downtown. Two separate groups depart from the Fountain. Bring your UCSC ID.

PJs at the PH! (Provost's House)

Monday, Oct 6 - Beard

Monday, Oct 13 - Morison

Tuesday, Oct 7 - Adams

Tuesday, Oct 14 - Parkman

Wednesday, Oct 8 - Prescott

Wednesday, Oct 15 - Turner

Thursday, Oct 9 - Parrington

9-10:30pm; Provost House; For more info: Na, nnho@ucsc.edu

Join your provost Faye Crosby and your housemates for a night of music, art and fun at the Provost House! Feel free to come in your pajamas! Cookies and beverages will be served.

Kinetic Poetics Project Poetry Slams

Wednesdays, Oct 8, 15, & 29; 8-10:30pm; Cowell Fireside Lounge

For more info: kineticpoeticsemail@gmail.com

Come experience performance poetry & kick off the school year right! Sign up to speak at 7:30 pm or bask in the poetry and meet some cool folks.

Someone Always Dies Comedy Show

Saturday, Oct 18; 9-10 pm; Cowell Fireside Lounge

For more info: mdpaul@ucsc.edu

No scripts. No direction. Just audience suggestions. Free improv show brought to you by Someone Always Dies (SAD).

Cowell Open Mic

Wednesday, Oct 22; 9-10:30pm; Cowell Fireside Lounge

For more info: jvanover@ucsc.com

Are you a comedian? A slam poet? Do play guitar? Then come to the Fireside and share your talent! Sign-ups start at 8:45pm!



Art Exhibit: Color Light Abstractions by Wynn Bullock

Exhibit: Oct 24 - Dec 7; Gallery Hours: Tues - Sun; 11am - 4pm

Opening: Friday, Oct 24; 5-7pm

Eloise Pickard Smith Gallery, (near the Dining Hall)

More info: Joan Blackmer (831) 459-2953 or blackmer@ucsc.edu

Named after the wife of Cowell's first Provost and benefactor of the arts, Eloise Pickard Smith Gallery features the work of local Santa Cruz artists and is open to the public. This exhibit features the photography of Wynn Bullock, visual philosopher.

Around Campus...

Acquire a Cappella Auditions

Saturday, Oct 4; 9 am - 5 pm; Cowell Classroom 134

For more info: www.acquiremusic.org or info@acquiremusic.org

Love to sing or beat-box? Prepare a 30-second solo and drop by for a quick audition!

Conflict & Compassion: JJ Surbeck

Tuesday, October 28, 6-7:45p; Merrill Academy 102

For more info: ebenhaga@ucsc.edu

As part of Cowl 62, we welcome everyone to sit in on this lecture by JJ Surbeck, a Swiss-educated attorney who worked for 16 years for the famously discrete International Committee of the Red Cross, discuss ideas of conflict and compassion.