

# Cowell College Handout

The Pursuit of Truth in the Company of Friends

## June 2014

Cowell College Programs, Rm. 133, (831)459-2255  
also online at [cowell.ucsc.edu](http://cowell.ucsc.edu)

### NEW Cowell T-Shirts!

\$13 cash or check  
New, fabulous design by Cowell's own Cecilia Felipe! Pop into the Cowell Programs Office to purchase your very own Cowell T-shirt! Available in black or white, unisex or woman's cut.



## Commencement Countdown!



Read the Grad Info pages today!

[cowell.ucsc.edu/activities/commencement/gradinfo](http://cowell.ucsc.edu/activities/commencement/gradinfo)

**Commencement has arrived!**

**Commencement Reminders:**

- Consider choosing a stage escort. See Step 8.
- Pick up Parking Passes: Monday, June 2 through Friday, June 13, from the College Office. ID required. See Step 10.
- Pick up Regalia: Beginning Mon, June 9. See Step 11.
- Commencement! Saturday, June 14. Grads should arrive no later than 12:30pm at the Cowell Courtyard; Commencement begins at 1:30pm. See Step 13.

**Events:**

**Rehearsal:** Thursday, June 12, 3-4pm. Meet at the Cowell Courtyard for a quick run through. Take the Class of 2014 group picture & practice the procession. See Step 12.

**Senior Celebration:** Thursday, June 12, 4-5pm, Provost House. Following the rehearsal, come to the celebration to enjoy refreshments and socializing. Free Class of 2014 wine glass for those with their ticket (picked up when you get your parking passes). Additional wine glasses (1 for \$5 or 4 for \$15) & NEW Cowell t-shirts (\$13) will be on sale. See Step 12.

**Cowell Commencement:** Saturday, June 14, 1:30pm, East Field

**Reception:** Saturday, June 14, 3-4pm, Cowell Courtyard. Celebrate after commencement with cake, strawberries, and lemonade! Additional Class of 2014 wine glasses & Cowell T-shirts available for purchase.



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

01	02	03	04	05	06	07
	5-6p: Realizing the Self, Fireside Lounge	12p: Farm & Garden Market Cart, Corner of Bay & High Streets 8-9:30p: Yoga Class, Apartment Community		8p: Cowell Senate, Conference Room 132	<i>Instruction Ends</i> 10a-6p: UCSC Student Print Sale, Baskin Visual Arts Rm G-101 12p: Farm Market Cart, Bay & High 5-6p: Realizing the Self, Fireside Lounge	10a-6p: UCSC Student Print Sale, Baskin Visual Arts Rm G-101
6-7p: Pause for Paws: Drop in Stress Relief, Science & Engineering Library	<i>Housing Contract Extension Deadline</i> 6-7p: Pause for Paws: Drop in Stress Relief, McHenry Library <i>Final Exams . . . Final Exams . . . Final Exams . . . Final Exams . . . Final Exams . . .</i>	12p: Farm & Garden Market Cart, Corner of Bay & High Streets		3-4p: Cowell Commencement Rehearsal, Courtyard/ East Field 4-5p: Senior Celebration, Cowell Provost House <i>Final Exams . . .</i>	<i>Noon Move Out Deadline</i> <i>Mailroom Closed</i> 12p: Farm & Garden Market Cart, Corner of Bay & High Streets	12:30p: Grad Lineup, Cowell Courtyard 1:30-3p: Cowell Commencement Ceremony, East Field 3-4p: Commencement Reception, Cowell Courtyard

# Housing & Move-Out Check List

**Move out deadline is  
Friday, June 13 at NOON.**

- Attend your house check out meeting hosted by the RAs
- Sign up with your RA for a check out time
- If you are graduating or working graduation, etc. request an extension of your housing contract by Monday, June 9 at [www.studenthousing.ucsc.edu](http://www.studenthousing.ucsc.edu)
- Clean your room and apartment common areas to avoid charges
- Recycle - E-Waste - Donate! Take trash, recyclables, & items to donate to a recycling center near you at your college. Take small e-waste items to the bin in the mailroom.

Questions? Call the Residential Life & Housing Office at 831-459-2173 or drop by under the Cowell and Stevenson. Dining Hall!

## Important Academic & Housing Deadlines

Date	Event
6/6	Last day of instruction,
6/9	Deadline to turn in housing extension request
6/9-6/12	Final exams
6/12	Undergraduate removal of an incomplete

## Congrats 2014-15 Welcome Leaders!

A big welcome and congrats go out to next year's team of Cowell Welcome Leaders! We're excited to have returning WLs Beverly, Julissa, Kyle, and Suzie. They will be joined by equally fabulous new WLs Bobak, Colleen, Devin, Emily, Javier, Jenny, Jose, Kelly, Lulit, Lupe, Maddie, Nikki, Rebeka, Simone, & Tyler!

## Dizikes Art Cases: Francophone Africa

Now showing through Monday, June 9

For more info: [Rosalyn, rbathric@ucsc.edu](mailto:Rosalyn_rbathric@ucsc.edu)

The Dizikes Cases feature the work of students from Cowell's Francophone Africa class, accompanied by authentic everyday items from Francophone Africa. Then, beginning June 10, enjoy art of Kayla Lopez and a return to Gary Young's Cowell Press book arts to finish the year.

## Mailroom Reminder

For more info: [cowellmr@ucsc.edu](mailto:cowellmr@ucsc.edu)

A friendly reminder that the Mailroom will close on June 13th. Update your forwarding address before you move out! Visit <http://cowell.ucsc.edu/residential-life/mailroom/closing.html> for more info.

## Realizing the Self, LAST MEETING: 6/6

Mondays & Fridays; 5-6 pm; Cowell Fireside Lounge

For more info: [telessar@ucsc.edu](mailto:telessar@ucsc.edu)

Learn how to meditate, look within, and find peace. Meditation improves your concentration and with the guidance of an instructor, will be easy, effortless, and enjoyable.

## Yoga Class, LAST MEETING: 6/3

Tuesdays; 8-9:30 pm; Apartment Community Room

For more info: [Nicolette, nirjohns@ucsc.edu](mailto:Nicolette_nirjohns@ucsc.edu)

Relax and rejuvenate in Cowell's weekly yoga class. All levels are welcome, even if this will be your first ever yoga class! Space is limited, so arrive early. Mats are available if you don't have your own. Drop in anytime.



## Senate, LAST MEETING: 6/5

Thursdays; 8 pm; Cowell Conference Room 132

For more info: [csenate@ucsc.edu](mailto:csenate@ucsc.edu)

Cowell Senate will be meeting for the last time on June 5th! Stop by to see what we're all about and to witness elections for some of next year's executive officers. All are welcome. Learn more by visiting our webpage at <http://cowell.ucsc.edu/senate>.

## 2014 Cowell College Prize Results

Our sincere congratulations go out to the following Prize Recipients:

- Dizikes Writing Prize: Alyssa Rodgers
- Cowell Poetry Prize: Brianna Jeska
- Cassius Ellis Memorial Award: Jesse Case
- Cowell Press Prize: Alexis Kageyama
- Carol Freeman Leadership Award: Linh Ngo



## Cowell College Service Citation Recipients

Cowell would like to thank and congratulate the following recipients of the College Service Citation for outstanding volunteer contributions to the life of Cowell College: Tabby Abraham, Trina Berger, Chelsea Dascher, Paolina Fisher, Evan Hartney, Jeremy Mifsud, Linh Ngo, Julia Pennick, David Shugar, and Matt Williams.

## Around Campus...

### UCUES Survey

Don't miss your opportunity to tell faculty and staff about your experience at UCSC! Take the UCUES survey today: <http://ucues.ucsc.edu>. Help improve the student experience and have a chance to win one of the three iPad Airs and/or a \$100 gift card to the campus bookstore

### Farm & Garden Market Cart

Tuesdays & Fridays; June 3 - October 31; 12 pm; Corner of Bay and High  
For more info: [www.casfs.ucsc.edu](http://www.casfs.ucsc.edu)

Fresh produce and flowers grown at the UCSC Farm and Alan Chadwick Garden are available twice a week at the Farm & Garden's Market Cart.

### 40th Annual UCSC Student Print Sale

Friday & Saturday, June 6 & 7; 10am-6pm; Baskin Visual Arts Rm G-101  
Complete Info: <http://arts.ucsc.edu/printsale>

Hundreds of original etchings, lithographs, woodcuts, digital prints, handmade books, and more will be on display and for sale. All profits benefit the individual student artists and the Printmaking Program at UCSC. Cash and check only.

### Pause for Paws: Drop-in Stress Relief at the Library

Sun, June 8; 6-7pm; S&E Library & Mon, June 10; 6-7pm; McHenry

Research has demonstrated that time spent petting an animal can lower feelings of stress, lower blood pressure and improve mood and sense of well being. So spend some time petting furry friends to de-stress during finals week. Sponsored by the University Library and Counseling & Psychological Services.

