



**April 2014**

Cowell College Programs, Rm. 133, (831)459-2255  
also online at [cowell.ucsc.edu](http://cowell.ucsc.edu)

## Un Voyage au Sénégal & Assembly Meeting College Night

**Tuesday, April 15  
6:00-7:30 pm  
Cowell Dining Hall**



Take a trip to the West African country of Senegal! Discover the colorful and lively fashion, music and dance while enjoying an authentic Senegalese meal. Dinner will be served in traditional style, seated in small circles on the floor. Music and dance will be performed by Mbor Faye's Rhythm of Senegal. In addition, the Cowell Senate will hold their annual Assembly Meeting to present and vote on their budget (comprised of your student fees) for the coming year. Come vote and have a say where your \$ goes!

Menu will include poulet au yassa (chicken with lemon and onions), thieboudiène (fish, national dish of Senegal), mafe (vegetarian peanut dish), white rice, seasoned sweet potatoes, okra, sliced tomatoes and cucumber, bissap hibiscus tea, hot mint tea, fruit plate including mango, papaya, banana, and orange.

**College Night Ticket Info:** Must be a Cowell affiliate or resident. FREE w/ a meal plan, or \$2 for off-campus students w/o a meal plan. To get a ticket, bring your ID card to the table outside the Dining Hall at the following times: Fri 4/11 lunch & dinner, Mon 4/14 lunch & dinner, Tues. 4/15 lunch & 5:30-6 pm.

Next Handout published May 1!



### Important Housing Info

**Apply for 2014-15 Housing: April 14 - 21**

Apply for housing online during the Priority Housing Application Period. Log onto "Student Housing Online" during the priority application period to apply. This is the first step to participate in housing selection for next year.

**Housing Info Session - Mon. April 14; 7-8 pm; Cowell Fireside Lounge**

Housing Coordinator Jed Milroy will host an informal housing information session for fall 2014 housing. Bring your group and your questions!

**Submit Group Declaration Forms for Apts. or Res Halls: April 22 - 30**

Forms for Apartment Group or Neighborhood Residence Hall Groups are available starting April 22 and are due by 5 pm on April 30 at the Cowell and Stevenson Residential Life and Housing Office (below the dining hall). Call 831-459-2173 or come by for more details.

### T-Shirt Design Contest

**Submission Deadline: Monday, April 7; 5 pm**

**Submit to: [cowellprograms@gmail.com](mailto:cowellprograms@gmail.com)**

Don't miss your chance to win \$100! Submit your design for the next Cowell T-shirt! Submit in .jpeg .pdf. or .tiff formats. See flyers for more details!



### Become a Cowell Welcome Leader!

**Application Deadline:  
Friday, April 4 at 12 noon**

Cowell Welcome Leaders (WLs) are an amazing team of volunteers who help new Cowell students when they arrive in the fall. WLs assist with Move In, plan Welcome Week activities, and help produce Cowell Night Live with leadership and hard work. Pick up an application and job description from folders around Cowell or online at [cowell.ucsc.edu/activities](http://cowell.ucsc.edu/activities).

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Location Key</b> ACR: Apartment Community Room FSL: Cowell Fireside Lounge CDH: Cowell Dining Hall SEC: Stevenson Event Center <b>SUNDAY</b>	<b>Classes Begin 31</b>  5-6p: Meditation, FSL	<b>01</b>  6-8p: Investment & Personal Finance Club begins, Cowell Conference Room 132 8-9:30p: Yoga, ACR	<b>02</b>  8p: Poetry Slam, FSL	<b>03</b>  8-9:30p: Senate Meeting, Conf. Rm. 132	<b>04</b> <i>Deadline: Welcome Leader Application</i>  4:30p: First Friday Tour! Meet at ACR, bus to Downtown 5-6p: Meditation, FSL	<b>05</b>  2-5p: SCOC's Spring Fiesta, Cowell Courtyard
<b>06</b>  6-7p: Balloon Art Brigade, ACR	<b>07</b> <i>Deadline: T-shirt Design Contest</i>  5-6p: Meditation, FSL 7-9p: Dr. Shakti: Race, Power & Economics, SEC	<b>08</b>  8-9:30p: Yoga, ACR	<b>09</b>	<b>10</b>  8-9:30p: Senate Meeting, Conf. Rm. 132	<b>11</b> <i>Spring Spotlight Begins</i>  5-6p: Meditation, FSL 8-10p: BrainWASH show, FSL	<b>12</b>  12-5:30p: Cowell Olympics, Founders' Glen Lawn 10-11p: S.A.D. Improv, FSL
<b>13</b>	<b>14</b>  5-6p: Meditation, FSL 7-8p: Housing Info Session, FSL	<b>15</b>  6-7:30p: Un Voyage au Sénégal College Night, CDH 8-9:30p: Yoga, ACR	<b>16</b>  8p: Poetry Slam, FSL	<b>17</b> 5-6p: UCSC 50th Anniversary, Cowell Courtyard 6-7:30p: Annie Boutelle, Humanities Lecture Hall 8-9:30p: Senate Meeting, Conf. Rm. 132 8:30-9:30p: Lotería, ACR	<b>18</b>  5-6p: Meditation, FSL 5-7p: Mary Holmes Gallery Opening & Lounge Dedication, Smith Gallery & FSL	<b>19</b> <i>Spring Spotlight Ends</i>  11-2p: Birth of Word Conference, SEC
2-6p: Healthy High, East Field 6-7p: Balloon Art Brigade, ACR	<b>20</b>  5-6p: Meditation, FSL	<b>21</b>  8-9:30p: Yoga, ACR	<b>22</b>  5:30p: Take Back the Night, Quarry Plaza/Oakes College	<b>23</b>  6-7:30p: Dinner, Theater & Friends, SEC 8-9:30p: Senate Meeting, Conf. Rm. 132	<b>24</b>  5-6p: Meditation, FSL	<b>25</b>  10-11:30a: Remembering Mary Holmes, Page Smith Library 12-5:30p: Rock-n-Roll on the Stevenson Knoll
12:30-1:30p: Dizikes Concert, FSL 8-9:30p: Karaoke, ACR	<b>27</b> <i>Deadline: Cowell Prizes &amp; Awards</i>  5-6p: Meditation, FSL	<b>28</b>  8-9:30p: Yoga, ACR	<b>29</b>  8p: Poetry Slam, FSL	<b>30</b>  8-9:30p: Senate Meeting, Conf. Rm. 132	<b>26</b>  10-11:30a: Remembering Mary Holmes, Page Smith Library 12-5:30p: Rock-n-Roll on the Stevenson Knoll	

# Mary Holmes Festival

Mary Holmes was a founding faculty member of UCSC, and a beloved artist and art historian who had a great impact on Cowell.

## Living Writers: Annie Boutelle

Thursday, April 17; 6-7:30 pm; Humanities Lecture Hall

Annie Boutelle, a Senior Lecturer in English Language and Literature at Smith College, and founder of the Smith College Poetry Center, will read Mary Holmes poetry as a part of the Living Writers Series.

## Mary Holmes: "Artist & Teacher" Gallery Opening & Fireside Lounge Dedication

Friday, April 18; 5-7 pm; Eloise Pickard Smith Gallery

A gala opening of the spring show at the Eloise Pickard Smith Gallery with words by Mary's dear friend Coeleen Kiebert. Chancellor George Blumenthal will then take us next door to dedicate the Mary Holmes Fireside Lounge at 7 pm.

## Remembering Mary Holmes

Saturday, April 26; 10-11:30 am; Page Smith Library

Jim Bierman, Paul Lee, John Dizikes and alumni will speak on the lasting impression Mary Holmes left with Cowell College.

## Dizikes Concert: Europa & The Bull

Sunday, April 27; 12:30-1:30 pm; Cowell Fireside Lounge

As a part of Alumni Weekend, the annual Dizikes Concert will be a world premiere chamber oratorio inspired by the paintings of Mary Holmes of the Greek myths by Ovid and Moschus. Made possible by the support of David Kadish.

For more info on Festival events: [cowell.ucsc.edu/alumni/holmes](http://cowell.ucsc.edu/alumni/holmes)  
Or contact: Katie, [klinder@ucsc.edu](mailto:klinder@ucsc.edu)

## Meditation for All

Mondays & Fridays; 5-6 pm; Cowell Fireside Lounge

For more info: Talia, [telesser@ucsc.edu](mailto:telesser@ucsc.edu)

Guided meditations to get in touch with your Self, learn to control your mind, and to go into deep states of relaxation. Drop in.

## Investment & Personal Finance Club/Class

Tuesdays, 6-8 pm; begins April 1; Cowell Conference Rm 132

For more info: Pat, [classpatkelly@gmail.com](mailto:classpatkelly@gmail.com)

Travel the world! Pay off student loans! Buy a car!

This involves money; here's a rare chance to learn to manage and invest it. A professional will guide us on practical approaches for setting up and achieving financial goals. A live stock portfolio and real-world action plans will be created. First session attendees will decide if it's a club or a 2-unit class. Beginners welcome!



## Yoga Class - New Time!

Tuesdays; 8-9:30 pm; Apartment Community Room

For more info: Nicolette, [nirjohns@ucsc.edu](mailto:nirjohns@ucsc.edu)

Relax and rejuvenate in Cowell's weekly yoga class. All levels are welcome, even if this will be your first ever yoga class! Space is limited, so arrive early. Mats available if you don't have your own.

## Cowell Senate Meetings

Thursdays; 8-9:30 pm; Cowell Conference Room 132

For more info: [csenate@ucsc.edu](mailto:csenate@ucsc.edu)

Interested in student government? Cowell Senate is the place for you! Join us for meetings at our new time on Thursday nights! All are welcome to observe or bring important items for discussion.

## Balloon Art Brigade

Every other Sunday starting 4/6; 6-7 pm; Apartment Community Room

For more info: [slugballoons@gmail.com](mailto:slugballoons@gmail.com)

Learn fun balloon skills and learn about volunteer opportunities!

## Be a Cowell Spokesperson at Spring Spotlight

Shift times vary (April 11-19); trainings held April 9 & 10 at 8:30-9pm

For more info: Na, [nnho@ucsc.edu](mailto:nnho@ucsc.edu)

Spring Spotlight is here! Prospective UCSC students will visit campus when deciding where to go to college. Volunteer to inform them and their families about the wonderful Cowell community and share why it's an excellent fit for you. Sign-up for a 30-min training and a volunteer shift in the Res Life Office (below Dining Hall).

## Kinetic Poetics Project Poetry Slams

Wednesdays, April 2, 16, & 30; 8 pm (sign-ups 7:30); Cowell Fireside Lounge

For more info: [kineticpoeticsemail@gmail.com](mailto:kineticpoeticsemail@gmail.com)

Come join your commUNITY and experience spoken word poetry! Speak on the mic or listen, everyone contributes to the atmosphere.

## First Friday Tour!

Saturday, April 4; 4:30 pm; Apartment Community Room

For more info: Tabby, [tgabraha@ucsc.edu](mailto:tgabraha@ucsc.edu)

First Friday is a monthly Santa Cruz community-wide event highlighting local artists and talents! We'll take you on a tour of all the wonders that downtown offers. Free food, admissions, galleries, and performances. We will take the 16 bus together which arrives to Cowell around 4:50pm. Bring a bag to take home some free swag!

## SCOC Presents: Cowell/Stevenson Spring Fiesta

Saturday, April 5; 2-5 pm, Cowell Courtyard

Open Mic Signups: Alex, [ajmccut@ucsc.edu](mailto:ajmccut@ucsc.edu), (925) 216-1340

Kick off spring quarter at the Cowell/Stevenson Spring fiesta! Free tacos from Taqueria Santa Cruz! Open mic, \$200 of giveaways, and a performance by Acquire A Capella!

## BrainWASH

Friday, April 11; 8-10pm; Cowell Fireside Lounge

For more info: Jackson, [jvanover@ucsc.edu](mailto:jvanover@ucsc.edu)

A night of live performances to blow your BRAINS away!

## Cowell Olympics 2014

Saturday, April 12; noon-5:30pm; Founders' Glen Lawn

For more info: Chris, [ckrad@ucsc.edu](mailto:ckrad@ucsc.edu)

Who will take the torch home this year? Gain bragging rights by coming out and showing the other houses what you are made of! Prizes for the 3 winning teams and pizza party for all. Sign up with your RAs and may the odds be ever in your favor.

## Someone Always Dies: Free Improv Comedy

Saturday April 12 & Friday April 25; 10-11pm; Cowell Fireside Lounge.

For more info: [rglenlam@ucsc.edu](mailto:rglenlam@ucsc.edu)

Watch comedy being made up right before your very eyes!

## 50th Anniversary of the Dedication of UCSC

Thursday, April 17; 5-6 pm; Cowell Courtyard

For more info: Meg, [mlcorman@ucsc.edu](mailto:mlcorman@ucsc.edu) or 831.459.1305

Gather for a brief ceremony, followed by refreshments, in the same spot where Governor Pat Brown, Chancellor Dean McHenry and UC President Clark Kerr to dedicate our beloved 2,000 acres in 1964. Come to honor the the vision that launched this truly original campus.

## Mexican Lotería

Thursday, April 17; 8:30-9:30 pm; Apartment Community Room

For more info: Julissa, [jespindo@ucsc.edu](mailto:jespindo@ucsc.edu)

La luna, la sandia, el melon! Play Mexican bingo and win prizes! Enjoy Mexican hot chocolate and snacks.

## Dinner, Theater & Friends

Thursday, April 24; 6-7:30pm; Stevenson Event Center

For more info: Flynn Moore [fmoore@ucsc.edu](mailto:fmoore@ucsc.edu)

Come for a night of conversation, delicious dinner and skits with new and old friends. We'll share tips and tools on how to intervene and help in tough situations. You won't regret it!

## Cowell Karaoke

Sunday, April 27; 8-9:30 pm; Apartment Community Room

For more info: Julissa, [jespindo@ucsc.edu](mailto:jespindo@ucsc.edu)

Sing your heart out at Cowell's Karaoke. Snacks will be provided.

## Cowell 2014 Prizes

Deadline: April 28th; Noon; Provost's Assistant Office (Rm. 116)

For complete criteria: Emily, [cwprvsta@ucsc.edu](mailto:cwprvsta@ucsc.edu)

Outstanding poet? Book artist? Non-fiction writer? Student leader? Submit your work and nominations to win prizes. Best of luck!

Cowell Poetry Prize (\$100)

The UCSC Annual Italian Prize (\$300)

Cowell Press Prize (\$100) John Lynch Multicultural Service Award (\$100)

Cowell Illustration Prize (\$100) Carol Freeman Leadership Award (\$100)

John Dizikes Writing Prize (\$200) Cassius Ellis Memorial Award (\$100)

Around Campus...

## Race, Power & Economics - Dr. Shakti Butler

Monday, April 7; 7-9 pm; Stevenson Event Center

Contact: Donnae Smith, 459-3097 or [donnaes@ucsc.edu](mailto:donnaes@ucsc.edu)

Does racism still exist? Does it exist at UCSC's? Participate in this film screening and discussion with Dr. Shakti and her film, "Cracking the Codes." Dr. Butler is a multiracial African-American woman whose work as a creative and visionary bridge builder has challenged and inspired learning for over two decades. Refreshments will be served.

## Annual Birth of Word Conference

Saturday, April 19; 11 am - 2 pm; Stevenson Event Center

For more info: [culturalartsanddiversity@gmail.com](mailto:culturalartsanddiversity@gmail.com) or 459.1861

What does the word "word" mean to you? Join Cultural Arts and Diversity as we create a safe-space and creative platform for anyone to perform their interpretation of what the "word" means to them!

## Healthy High Festival

Sunday, April 20; 2-6 pm; OPERS East Field

For more info: Maida, [mkcorder@ucsc.edu](mailto:mkcorder@ucsc.edu)

Enjoy an afternoon of healthy physical activity complete with a 5k race, a fun run for kids, soccer, frisbee golf, volleyball, climbing wall, bounce house and more!!

## UCSC Take Back the Night 2014

Date(s): Wed. April 23; 5:30 pm; Quarry Plaza, march to Oakes

Contact: [contact\\_women@ucsc.edu](mailto:contact_women@ucsc.edu)

In honor of Sexual Assault Awareness Month. This year's theme is Metamorphosis: Honoring the Strength of Change, featuring keynote speaker and poet Queen Jasmine. Free and open to survivors, their supporters, and allies.

# Commencement Countdown!

11 Weeks Left

## [cowell.ucsc.edu/commencement](http://cowell.ucsc.edu/commencement)

Cowell students who plan to graduate by Winter 2015 are eligible to be in the Cowell Commencement this June. Read the comprehensive "Info for Cowell Grads" page today!

- register to be in the ceremony & printed program
- nominate student speakers (deadline: April 16)
- RSVP for the senior brunch (deadline: April 28)
- learn about admission, parking, regalia

Cowell Commencement: **Sat., June 14, 1:30pm, East Field**